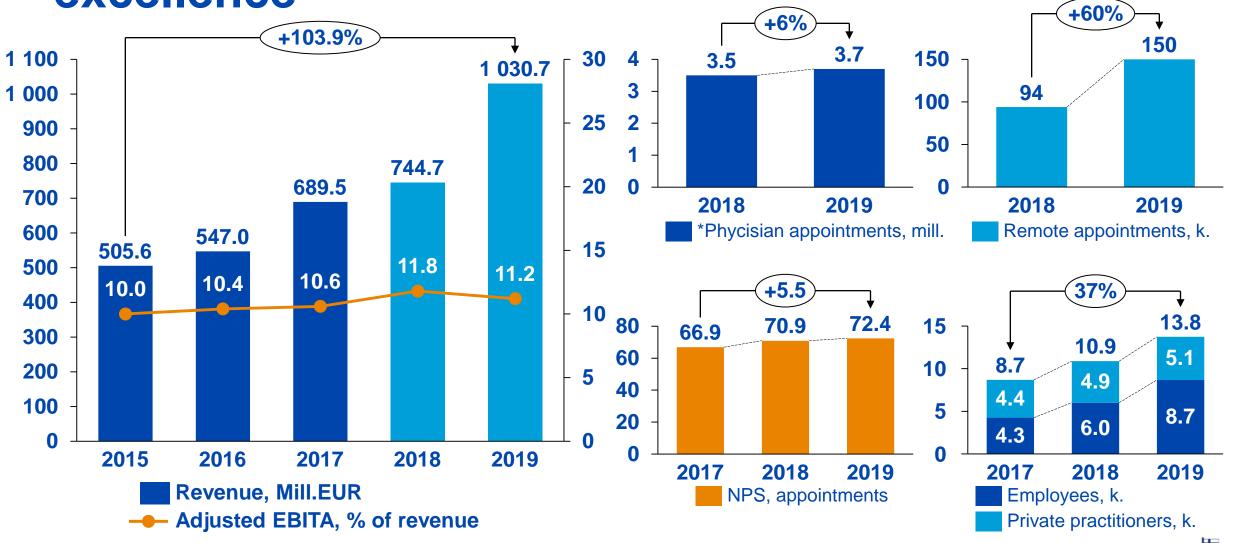


A year of financial and operational excellence

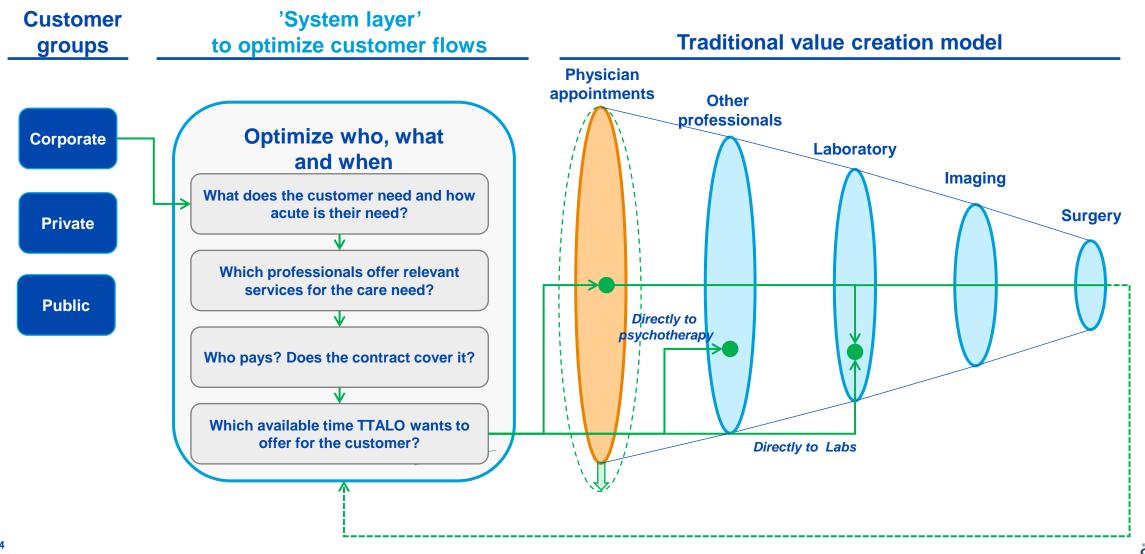






Terveystalo

We aim to optimize our traditional care chain model with intelligent customer flow management





Case S Group: Supporting mental health with Terveystalo

February 13, 2020 Sanna-Mari Myllynen, Director, HR, S Group

Wide service range is a huge resource

Number one grocery store



~1,000 outlets 46% market share

Sales volume €8.2 billion

Number one in department stores and beauty



21 Sokos department stores 38 Emotion beauty stores

Sales €290 million

Finland's most responsible bank



~1,000 outlets Deposits €5.9 billion 3.0 million customers

Number one service station



~470 stations Sales vol 32% market share

Sales volume €1.7 billion

Number one in restaurants, number two in hotels



57 hotels ~500 restaurants Sales volume €842 million

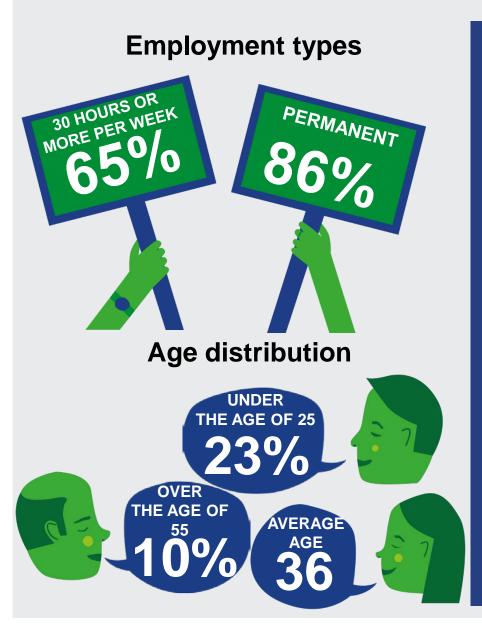
A challenger in hardware trade



15 outlets

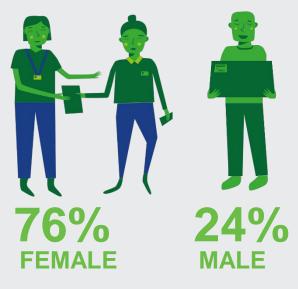
Sales volume €135 million

Largest private employer in Finland



Number of employees IN THE S GROUP 40,100 **IN FINLAND** 38,000 IN RUSSIA AND ESTONIA 2,100 **SUPERVISORS** 2,500

Gender distribution



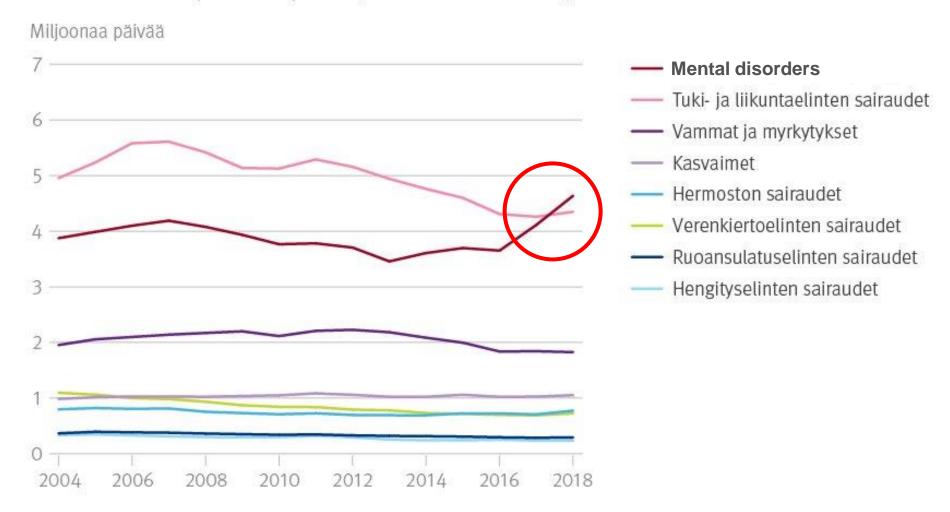
Nationalities



SHARE OF NON-FINNISH EMPLOYEES 1.7%

In 2018, mental disorders became the largest cause for sickness allowance days in Finland

Maksetut sairauspäivärahapäivät yleisimmissä sairausryhmissä 2004–2018



Working together, S-Group and Terveystalo have found a model to turn the negative trend for mental disorders and sickness absences

- Terveystalo has participated in S-Group's Nuori Mieli Työssä ("Young mind at work") program, that aims to develop new ways to meet the challenge of growing mental health problems at work. The "mental support model" was created in this program.
- Our mental support model includes eg.
 - supervisor training,
 - adapted work practices for supporting recovering from mental disorders,
 - occupational psychology consultation,
 - brief psychotherapy and
 - new digital services
 - Mielen chat and sparri



In addition to helping individual employees, the investment has been profitable to the employer

- Thanks to this program and our close cooperation, we've had good results in pilot projects in all S-Group companies that have widely introduced the mental support model
- Case SOK (1700 employees), year 2019:
 - About 20% less sickness absence days caused mental disorders
 - Investment 49 000 € in brief psychotherapy and new digital services (Mielen chat and sparri)
 - Cost savings 140 000 € in sickness absence days caused by mental disorders (400 days less x 350 €)

Lessons learned and a challenge for all opeartors

- Successful cooperation calls for joint development and seamless cooperation when working towards shared targets
- No single entity, such as the individual, employer, supervisor, organization or occupational health care, can solve the this problem alone
- Cost savings in sickness days are higher than the costs for supporting mental health
- Despite very encouraging results at SOK, S-Group is still at the beginning of this journey, and we need involve all S-group to this approach
- It is important that all parties in the society participate in this work: Otherwise, the employers, individuals and the entire country will have a huge bill to pay in the future



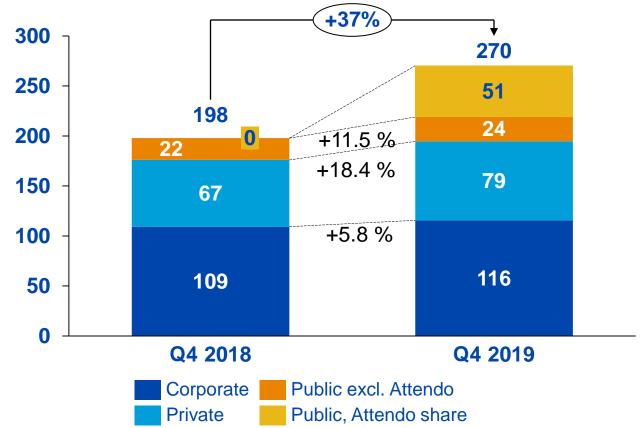


Q4: Strong organic growth and Attendo deal increased revenue significantly

Strong growth in all customer groups

- In corporate customer group, strong growth continued in preventive occupational health services and well-being services. Mental wellbeing services and digital services increased significantly. Slight increase in illness-related appointments.
- Private customer group saw strong, broad based growth. In addition to well-being and digital services, the sales of diagnostics and surgical services grew as well.
- Public customer revenue more than tripled; In addition to the acquisition of Attendo Health Services, occupational health services grew significantly.
- There were 62 business days in October— December, same as in the reference period (62).

Q4 Revenue by payor group, M€







Q4: Strong profitability

- Adjusted EBITA before IFRS 16 impact EUR 31.9 million (27.1)
- Adjusted EBITA % before IFRS 16 impact
 11.8 % of revenue (13.7 %)
- Profit for the period EUR 16.1 million (10.1)
- The Board of Directors proposes that a dividend of EUR 0.13 per share be distributed and that the Board be authorized to resolve on the payment of additional EUR 0.13 dividend in the Autumn 2020, EUR 0.26 (0.20) per share in total.



Market outlook

- The market environment remains favorable in spite of weakened consumer confidence.
- Corporate customers keep up a steady demand. Price competition is intensifying in certain customer groups in occupational health. At the same time, the relative share of preventive services is increasing, which is a trend that will be further strengthened by the change in legislation concerning Kela reimbursements at the beginning of 2020.
- Private customer demand also remains strong, and the trend of comprehensive well-being is creating broad growth in service demand. This is particularly reflected in growth in the demand for services other than physician appointments.
- Public sector demand remains strong in various service categories.



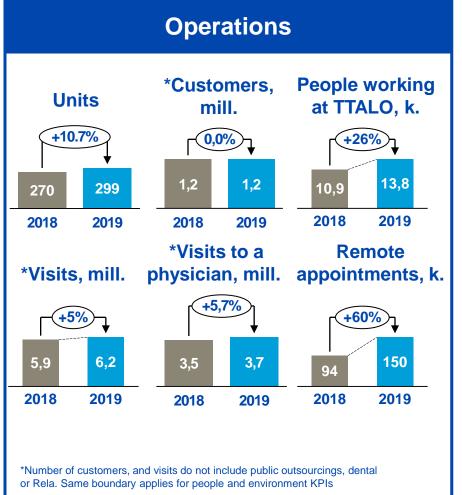
<u>Terveystalo</u>

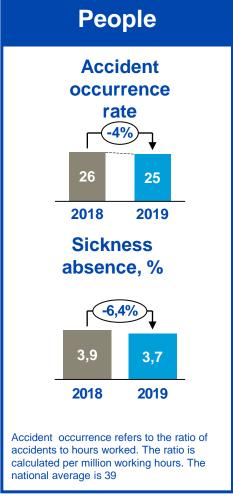
FINANCIAL PERFORMANCE

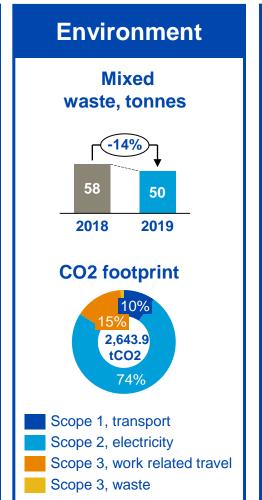


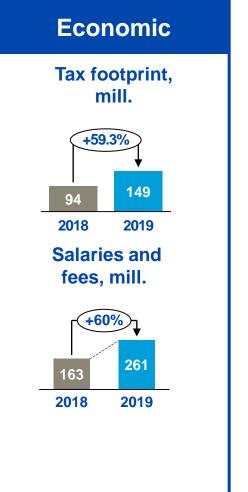
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Increased scale, improvement in key corporate responsibility areas







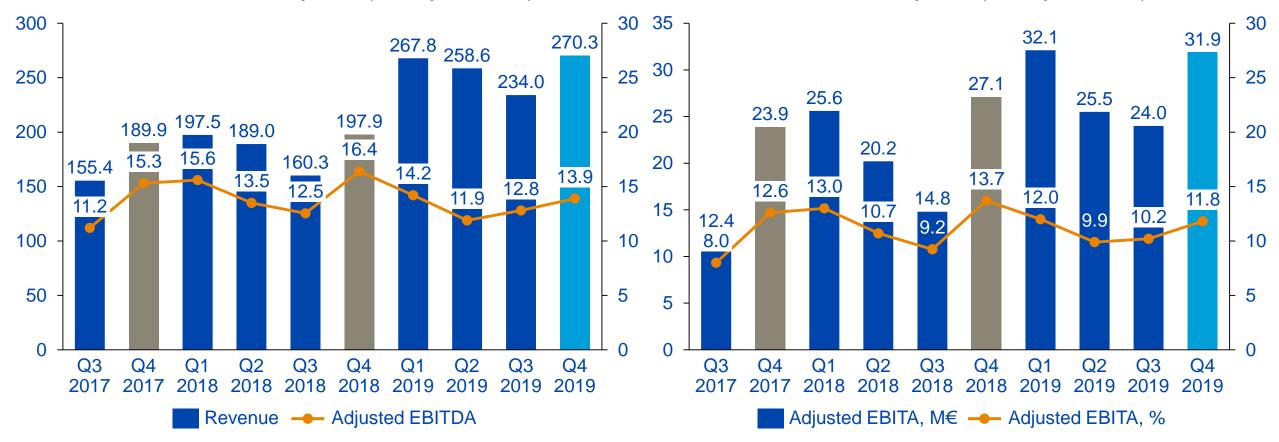


Strong profitability despite the Attendo deal and increased investments in digitalization and IT



Revenue, Adjusted EBITDA*, %
Before IFRS 16 impact (comparable)

Adjusted EBITA*, M€and %
Before IFRS 16 impact (comparable)







Operating leverage still applies, the scale has changed post Attendo

M€	10-12/2019	10-12/2018	Change, %	2019	2018	Change, %
Revenue	270.3	197.9	36.6	1,030.7	744.7	38.4
Other operating income	0.8	0.7	15.1	2.1	18.2	-88.4
Materials and services	-122.7	-93.5	31.2	-472.9	-351.3	34.6
Employee benefit expenses	-81.8	-50.9	60.8	-314.3	-197.1	59.5
Other operating expenses	-15.6	-16.6	-6.0	-58.4	-52.6	11.0
Rents, leases and premises *	-4.0	-10.9	-63.0	-16.0	-45.3	-64.7
EBITDA, comparable	46.8	26.6	76.2	171.2	116.6	46.9
Adjustments (**	1.0	5.9		5.1	-7.7	
Adjusted EBITDA, comparable	47.8	32.5	47.1	176.3	108.9	62.0
EBIT	23.8	16.1	47.9	81.4	75.4	7.9

Variable costs

Fixed costs, scalable on a group level

^{**} Adjustments are material items outside the ordinary course of business and these relate to acquisition related expenses, restructuring related expenses, gain /losses on sale of assets (net), strategic projects including the IPO and other items affecting comparability.



Semi-fixed costs, scalable on a unit level

^{*} The presented number is not comparable, because the rent expenses have decreased by 39.9 million euro during 1-12/2019 and 10.2 million euro during 10-12/2019 due to implementation of IFRS 16.

The impact of Attendo deal and the adoption of IFRS 16 is reflected in the balance sheet



M€		31.12.2019	31.12.2018
ASSETS			
Property, plant and equipment		86.3	83.6
Right of use assets		176.4	-
Goodwill		779.2	768.7
Other intangible assets	IFRS 16	161.9	167.7
Other assets	impact 176.4 M€	114.9	105.4
Cash and cash equivalents		40.6	36.9
TOTAL ASSETS		1 359.3	1 162.3
EQUITY AND LIABILITIES			
TOTAL EQUITY	IFRS 16	541.2	511.8
Interest bearing liabilities	impact	588.8	450.1
Other liabilities	178.7 M€	229.2	200.4
TOTAL LIABILITIES		818.0	650.5
TOTAL EQUITY AND LIABILITIE	S	1 359.3	1 162.3

- Total assets of the Group amounted to EUR 1,359.3 (1,162.3) million. The growth was mainly attributable to the adoption of IFRS 16.
- Equity attributable to owners of the parent company totaled EUR 541.2 (511.7) million. The growth was mainly due to improved profitability.
- Adjusted net debt before IFRS 16 impact (comparable), amounted to EUR 369.5 (413.3) million. The effect of IFRS 16 on lease-related interest-bearing debt was EUR 178.7 million.
- Adjusted net debt/adjusted EBITDA before IFRS 16 impact was 2.7 (3.8).
 Adjusted net debt/adjusted EBITDA was 3.1, well below the updated financial target of 3.5.

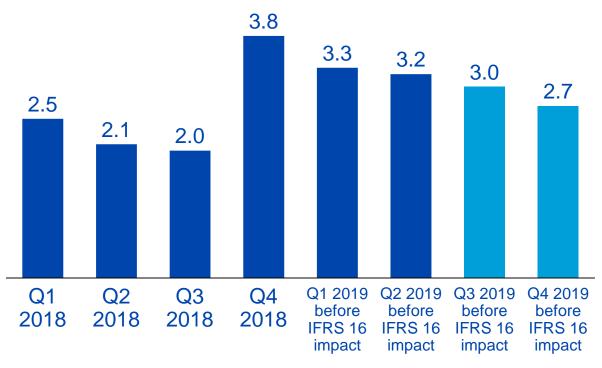


Deleveraging the balance sheet continues, indebtedness well below the target

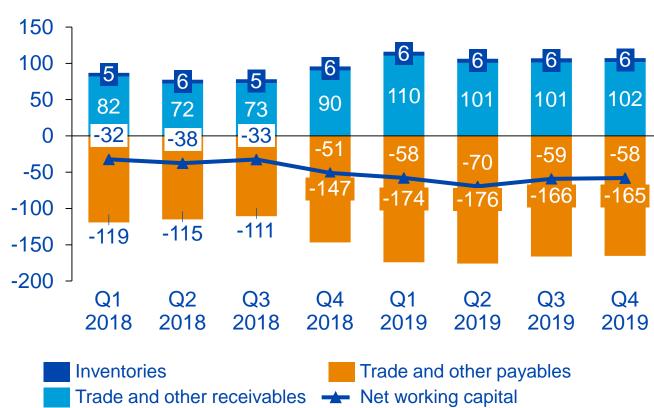
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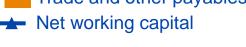
Net debt/adjusted EBITDA

(last 12 months)



Operational efficiency is reflected in the negative net working capital





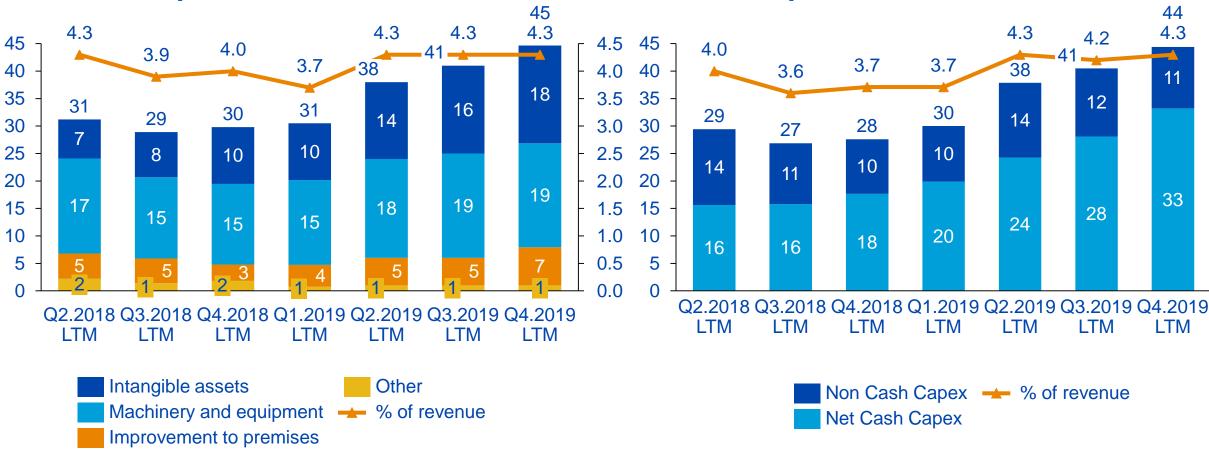


The share of intangible investments continue to grow (excluding M&A)



Net capex, M€and %- of revenue







LTM

4.5

4.0

3.5

3.0

2.5

2.0

1.5

1.0

0.5

0.0

Terveystalo

Corporate responsibility is one of our strategic focus areas

 The interest rate margin of our EUR 410 million financing agreement takes into account how we meet our targets for customer satisfaction, employee job satisfaction and wellbeing, and reduction in mixed waste:

KPI	Target in 2020	2019 act
NPS, appointments	74	72.4
eNPS	14	9
Mixed waste intensity (mixed waste [metric tons] relative to total revenue [100 million])	7.40	4.85





Financial reporting and IR events and roadshows



Financial reporting

- In 2020, Terveystalo Plc will publish financial reports as follows:
 - Annual Report 2019 on week 9, 2020
 - Interim report for January-March 2020 on Wednesday, 6 May 2020
 - Half-Year Report for January-June 2020 on Thursday, 6 August 2020
 - Interim report for January-September 2020 on Thursday, 29 October 2020
- AGM 2020 is held on Thursday, 2 April, 2020 in Helsinki.

Upcoming IR events

- 2 March Morgan Stanley European MedTech & Services Conference, London
- 4 March Carnegie Nordic Healthcare seminar, Stockholm
- 5 March OP one-on-one day, Helsinki



<u>Terveystalo</u>

Q & A









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IFRS 16 impact on the reported figures



	1-12/2019 1-12/2019		1-12/2019	1-12/2018	
EUR mill.	Reported	IFRS 16 impact	Before IFRS 16 impact	Reported	
Revenue	1,030.7	-	1,030.7	744.7	
EBITDA	171.2	39.9	131.3	116.6	
Adjusted EBITDA	176.3	39.9	136.4	108.9	
Depreciation	-89.8	-38.3	-51.5	-41.1	
Adjusted EBITA	115.1	1.6	113.5	87.7	
Financial expenses (net)	-14.7	-3.5	-11.2	-9.5	
Profit/loss before taxes	66.8	-1.9	68.7	68.2	
Taxes	-12.7	0.5	-13.2	0.5	
Net profit/loss	54.1	-1.4	55.5	68.7	
Assets	1,359.3	176.4	1,182.9	1,162.3	
Financial liabilities	588.8	178.7	410.1	450.1	
Cash flow from operating activities	173.6	39.9	133.6	100.6	



Key figures



EUR million	10-12/2019	10-12/2018	Muutos, %	2019	2018	Muutos, %
Revenue	270.3	197.9	36.6	1,030.7	744.7	38.4
Adjusted (EBITDA) * 1) 2)	47.8	32.5	47.1	176.3	108.9	62.0
Adjusted (EBITDA), % * 1) 2)	17.7	16.4	-	17.1	14.6	-
EBITDA ^{1) 2)}	46.8	26.6	76.2	171.2	116.6	46.9
EBITDA, % ^{1) 2)}	17.3	13.4	-	16.6	15.7	-
Adjusted earnings before interest, taxes and amortization (EBITA) * 1) 2)	32.3	27.1	19.2	115.1	87.7	31.2
Adjusted earnings before interest, taxes and amortization (EBITA), % * 1) 2)	12.0	13.7	-	11.2	11.8	_
EBIT ²⁾	23.8	16.1	47.9	81.4	75.4	7.9
Net profit ^{2) 3)}	16.1	10.1	59.6	54.1	68.7	-21.3
Net debt ²⁾	-	-	-	548.2	413.3	32.7
Net debt/Adjusted EBITDA (last 12 months) * 1) 2)	-	-	-	3.1	3.8	-
Return on equity (ROE), % 1) 2)3)	-	-	-	10.3	14.2	-
Equity ration, % 1)2)	-	-	-	39.9	44.1	-
Gearing, % 1) 2)	-	-	-	101.3	80.8	-
Earnings per share (€) ^{2) 3)}	0.13	0.08	-	0.43	0.54	-
Operating cash flow ²⁾	49.5	38.6	28.2	173.6	100.6	72.5
Personnel (end of period)	-	-	-	8,685	6,018	44.3
Private practitioners (end of period)	-	-	-	5,068	4,877	3.9
Number of working day	62	62		251	251	

Before IFRS 16 impact (comparable), EUR million	10-12/2019	10-12/2018	Muutos, %	2019	2018	Muutos, %
Adjusted EBITDA * 1)	37.6	32.5	15.6	136.4	108.9	25.3
Adjusted EBITDA, % * 1)	13.9	16.4	-	13.2	14.6	-
Adjusted EBITA * 1)	31.9	27.1	17.5	113.4	87.7	29.3
Adjusted EBITA, % * 1)	11.8	13.7	-	11.0	11.8	-
Adjusted net debt * 1)	-	-	-	369.5	413.3	-10.6
Net debt/adjusted EBITDA (last 12 months) * 1)	-	-	-	2.7	3.8	-

^{*} Adjustments are material items outside the ordinary course of business, associated with acquisition-related expenses, restructuring-related expenses, gain on sale of assets, strategic projects, and other items affecting comparability.

¹⁾ Alternative performance measure. Additional information is provided in notes 13 and 14.

²⁾ Not comparable because of the adoption of IFRS 16.

The adoption of IFRS 16 had a significant effect on adjusted EBITDA, which increased by EUR 10.2 million in October–December and by EUR 39.9 million in January–December. The impact of IFRS 16 on earnings before interest, taxes, and amortization (EBITA) was not material.

Operating cash flow increased due to the impact of IFRS 16 by EUR 39.9 million in January–December. In addition, the adoption of IFRS 16 increased interest-bearing lease liabilities by EUR 178.7 million.

³⁾ The net profit of the January-December reference period was improved by a non-recurring deferred tax asset of EUR 13.0 million related to confirmed losses and non-recurring capital gains, totaling EUR 15.9 million.

2019: Solid growth in all customer



groups

