



# **Terveystalo Group Q3/2025 Results**

Ville Iho, President & CEO

Juuso Pajunen, CFO

**Terveystalo**



# Agenda



**Ville Iho, President & CEO**

Q3 2025 Financial & operational highlights



**Juuso Pajunen, CFO**

Q3 2025 Financial performance analysis

Outlook & guidance

**Q&A**

# Q3 2025 highlights

Revenue (MEUR)

**280.4**

-5.2% y-o-y

EPS (EUR)

**0.13**

+9.7% y-o-y

Adj. EBIT (MEUR)

**26.8**

-1.0% y-o-y

Adj. EBIT margin

**9.5%**

+0.4%-p. y-o-y

NPS, appointments

**87**

+0.5% y-o-y

Operating cash flow (MEUR)

**54.5**

+32.0% y-o-y



# Each of our three business areas have a clear improvement agenda

| Business Area            | Healthcare Services                    | Portfolio Businesses                                                              | Sweden                        |
|--------------------------|----------------------------------------|-----------------------------------------------------------------------------------|-------------------------------|
| LTM Revenue              | EUR 1,046 mill.                        | EUR 201 mill.                                                                     | EUR 77 mill.                  |
| LTM Adj. EBIT margin     | 14.4%                                  | 5.0%                                                                              | -3.2%                         |
| Share of LTM revenue*    | 80%                                    | 15%                                                                               | 6%                            |
| Mandate in the portfolio | Profitable growth, cash flow           | Turnaround and selective, profitable growth<br>Capturing the public market upside | Turnaround, profitable growth |
| M&A appetite             | Specialities-driven, EPS enhancing M&A | Selective, EPS enhancing M&A                                                      | Selective, EPS enhancing M&A  |
| Investment appetite      | +++                                    | ++                                                                                | +                             |

# ...focused on creating value

|                     | Healthcare Services                                                                                                                                                           | Portfolio Businesses                                                                                                                                                                                     | Sweden                                                                                                                                            |
|---------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| Where are we today? | <ul style="list-style-type: none"><li>▪ Successful profitability improvement program completed.</li><li>▪ Broadscale development agenda for further value creation.</li></ul> | <ul style="list-style-type: none"><li>▪ Profitability improvement on track.</li><li>▪ Dental 2x – inorganic opportunities.</li><li>▪ New Public Partnerships offer growth and diversification.</li></ul> | <ul style="list-style-type: none"><li>▪ Profitability improvement on track.</li><li>▪ Growth acceleration opportunities to be assessed.</li></ul> |
| Initiatives         | B2C: Kela 65 freedom of choice                                                                                                                                                | Profitability improvement                                                                                                                                                                                | Profitability improvement                                                                                                                         |
|                     | B2B: Occupational Health program                                                                                                                                              | Dental M&A                                                                                                                                                                                               | Growth acceleration plan                                                                                                                          |
|                     | Next Gen Insurance partnerships                                                                                                                                               | Public partnerships                                                                                                                                                                                      |                                                                                                                                                   |
|                     | Digital health 10x                                                                                                                                                            |                                                                                                                                                                                                          |                                                                                                                                                   |
|                     | OPS 1.1x                                                                                                                                                                      |                                                                                                                                                                                                          |                                                                                                                                                   |

# We see growth opportunities in multiple areas of our business, driven by volume

| Growth driver       | Healthcare Services |     | Portfolio Businesses |     | Sweden |     |
|---------------------|---------------------|-----|----------------------|-----|--------|-----|
|                     | YTD                 | NTM | YTD                  | NTM | YTD    | NTM |
| Public              | ✓                   | 7   | ✓                    | 7   |        |     |
| Consumer            | >                   | ^   | >                    | 7   |        |     |
| Insurance           | ^                   | ^   |                      |     |        |     |
| Occupational health | ✓                   | >   |                      |     | ✓      | 7   |

- Shift from OOP to insurance
- Lower morbidity in Q3 vs. LY
- 10k Kela-65 visits in Sept, volumes expected to grow gradually

- -4% in the number of end users
- Lower morbidity in Q3
- More restrictions on the use and scope of services



# Occupational Health revenue is influenced by the number of connected employees, the use and scope of services, and morbidity

## 3 FACTORS IMPACT VOLUME DEVELOPMENT

### Connected employees

As part of the profit improvement program, the active customer selection aimed at improving margins led to a reduction in the number of employees connected to the system between 2022 and 2024. The recent decline is attributed to a lower employment rate and a rise in re-tenders.

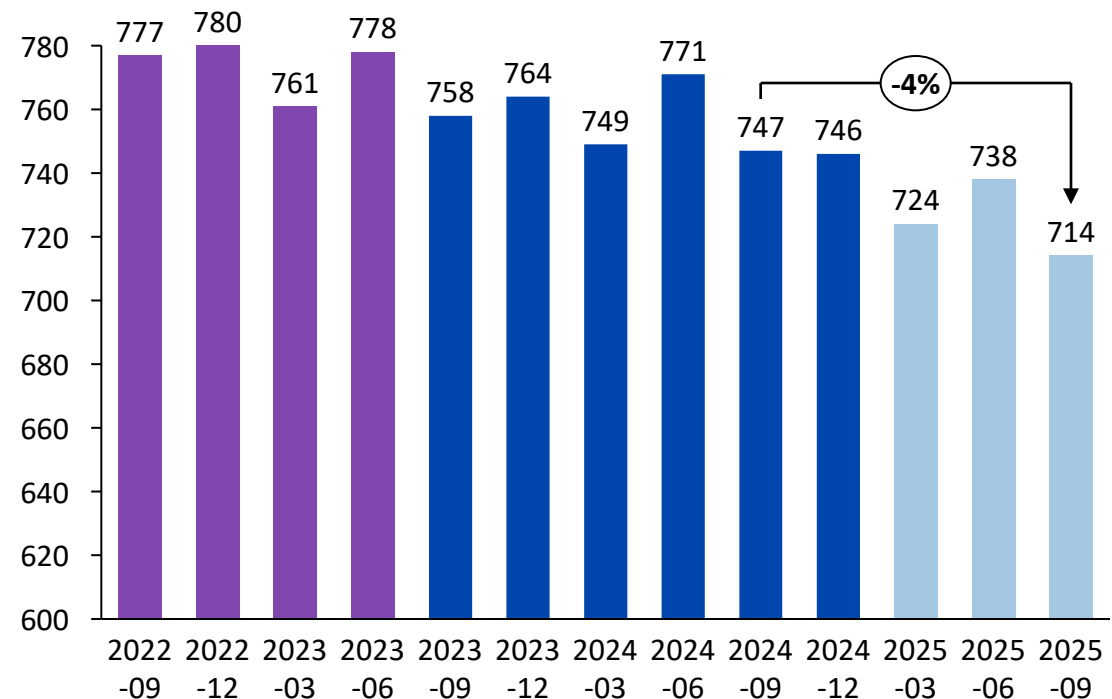
### Use and scope of services

Companies are actively managing service utilisation, with the overall scope of services showing a downward trend.

### Morbidity

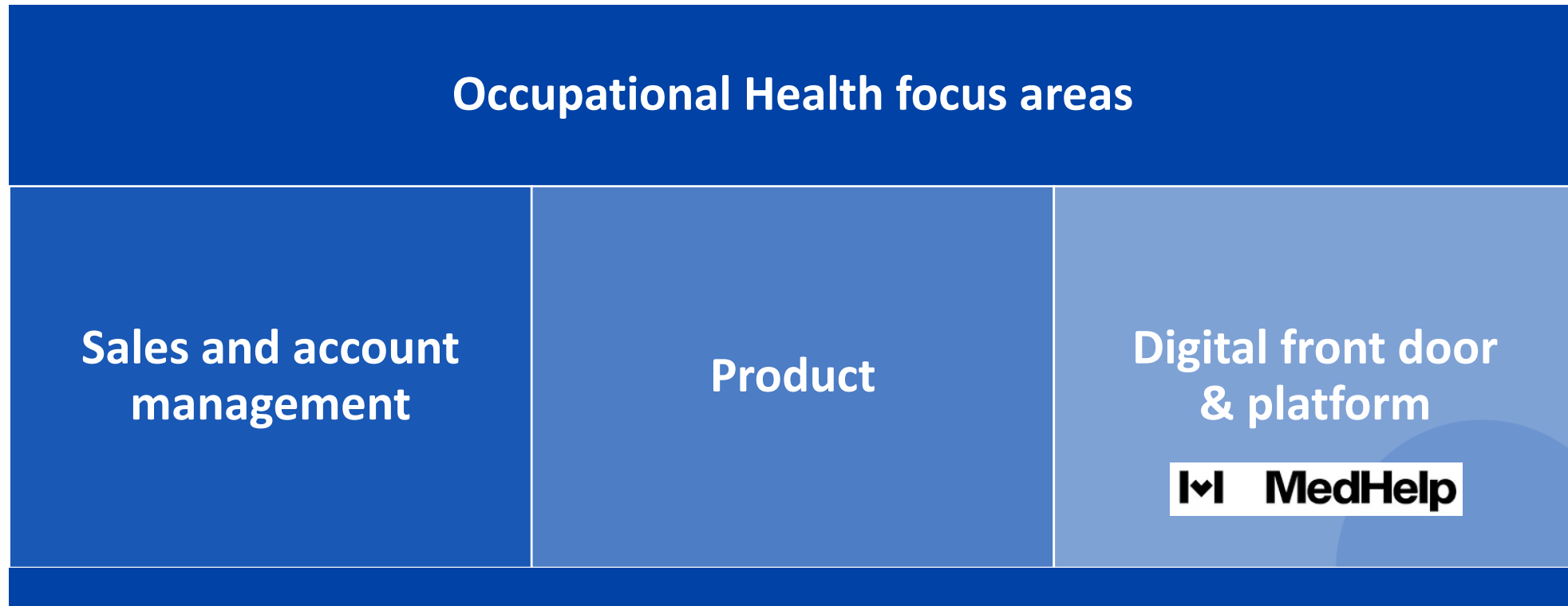
Seasonal morbidity is ~25% lower compared to last year, which has affected the volume of appointments and diagnostics.

## THE NUMBER OF EMPLOYEES COVERED BY OCCUPATIONAL HEALTH HAS DECREASED



OH connected employees

# We have a clear agenda for Occupational Health





# Consumer demand backed by insurance is steadily increasing, with the freedom of choice pilot for those over 65 reinforcing this trend

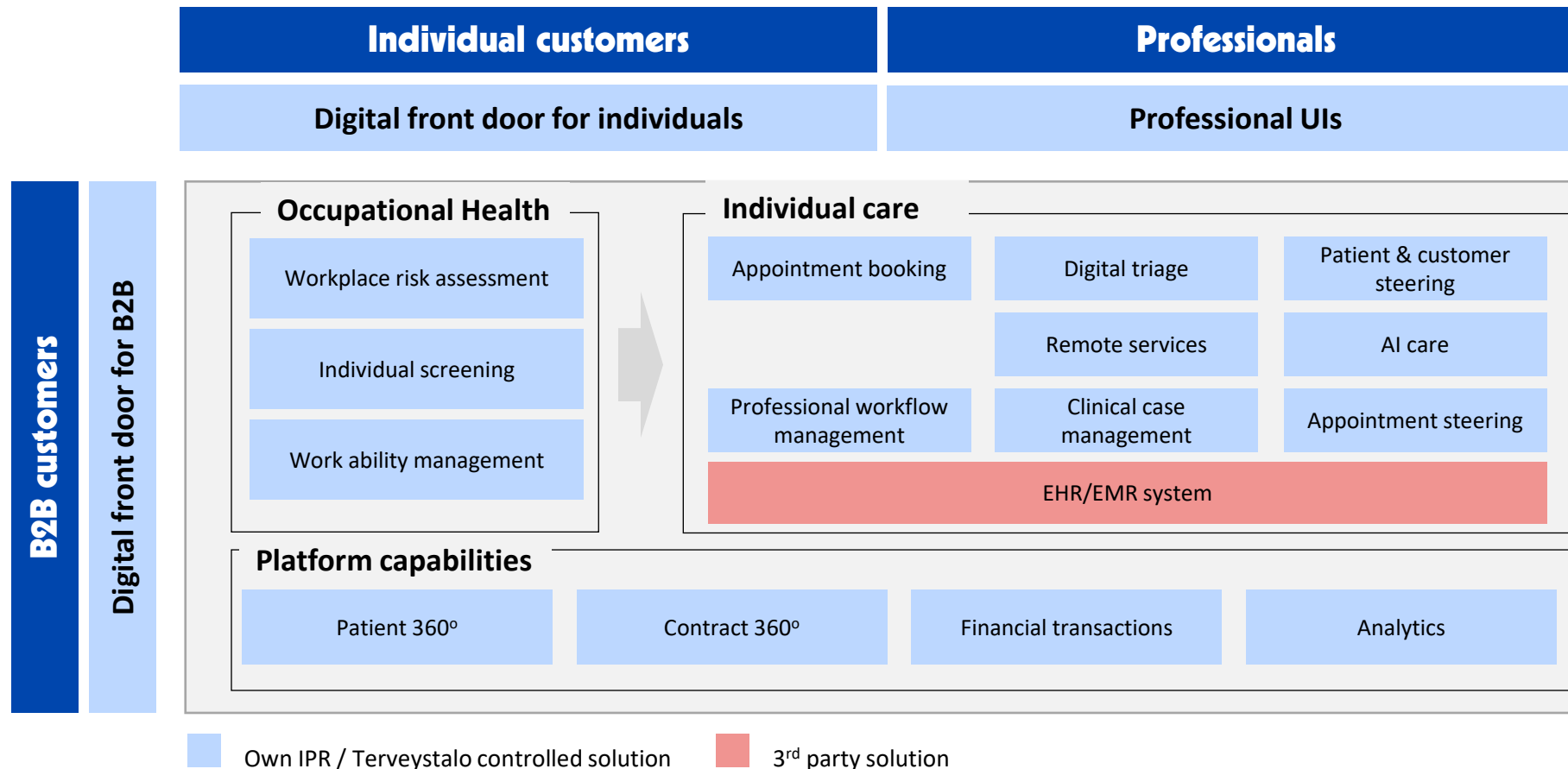
Terveystalo is the preferred brand among consumers



The freedom of choice pilot has had a strong start

- Kela estimates a total of **1 million visits annually**
- Leveraging our extensive clinic network, we have successfully captured a substantial portion of this new volume with **~14k GP visits so far**:  
<https://avoinraportointi.terveystalo.com/valinnanvapauskokeilu/>
- Terveystalo leads across all key metrics, including Top of Mind within the targeted age group

# Our value creation is increasingly powered by our proprietary digital platform, improving both efficiency and customer value

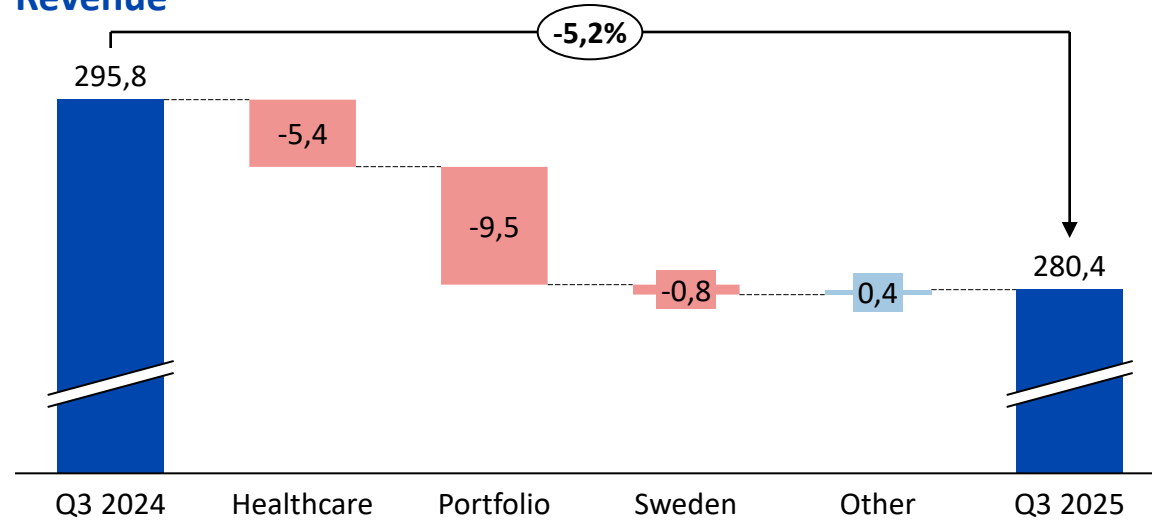


# Financial performance

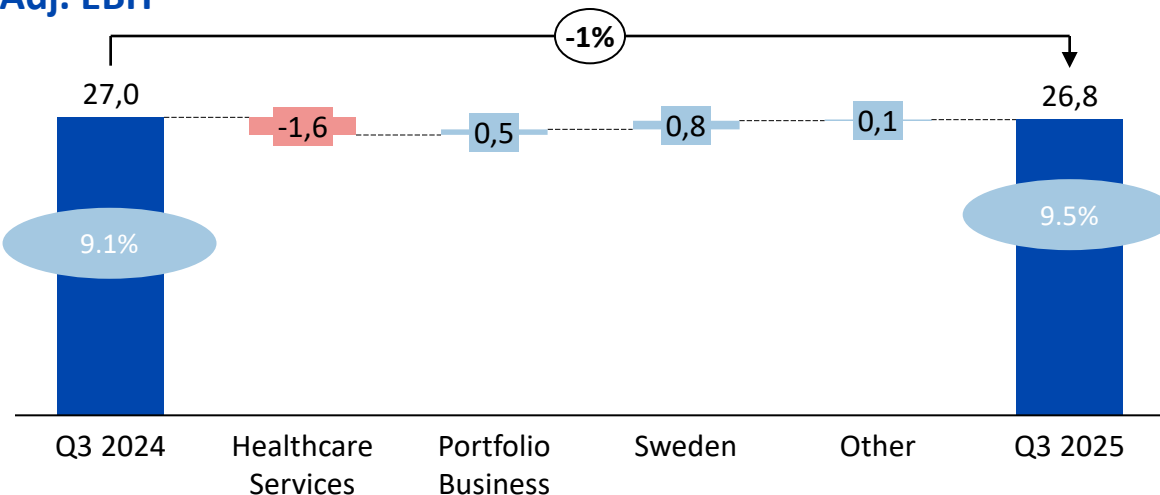
Juuso Pajunen, CFO

# Q3: Positive margin development at the Group level continued despite revenue headwind

## Revenue



## Adj. EBIT



## Key figures

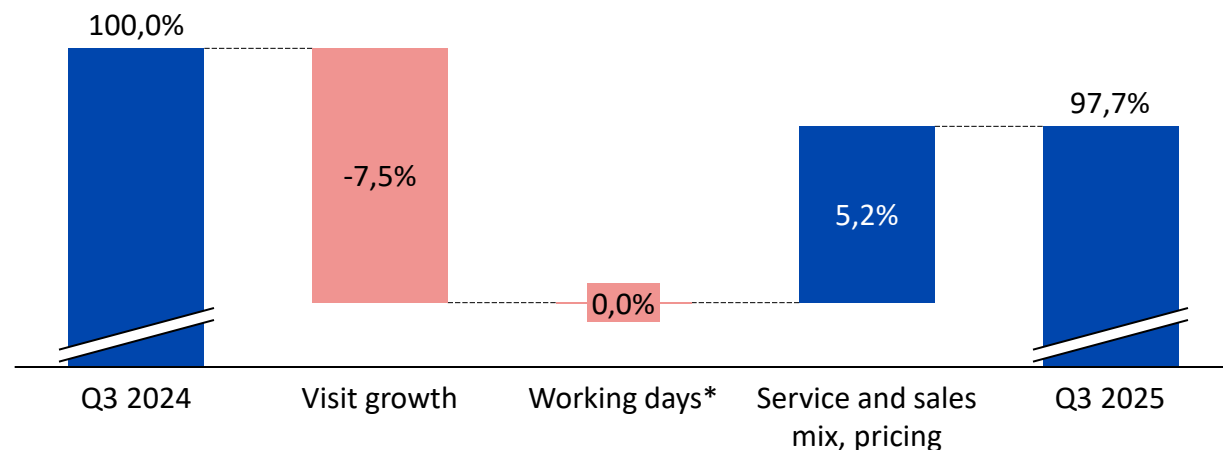
|                  | 7-9/2025 | 7-9/2024 | Change, % | 2024    |
|------------------|----------|----------|-----------|---------|
| Revenue, MEUR    | 280.4    | 295.8    | -5.2      | 1,340.0 |
| Adj. EBITA, MEUR | 32.4     | 34.3     | -5.5      | 171.0   |
| Adj. EBITA-%     | 11.5     | 11.6     | -0.1 %-p  | 12.8    |
| Adj. EBIT, MEUR  | 26.8     | 27.0     | -1.0      | 140.5   |
| Adj. EBIT-%      | 9.5      | 9.1      | 0.4 %-p   | 10.5    |

## Group update

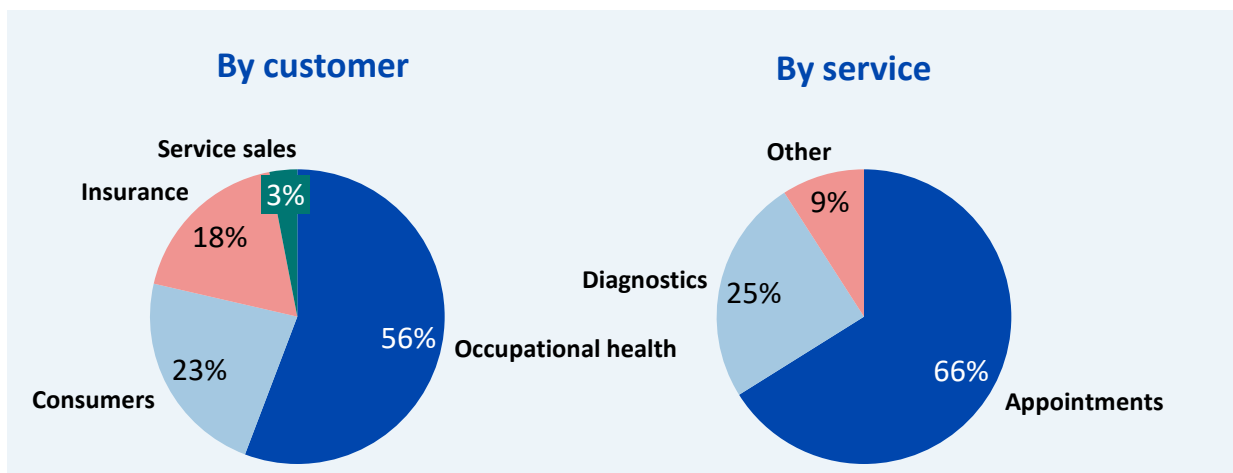
- Solid performance - EPS increasing by 9.7%
- Relative profitability improved mainly due to better operational efficiency
- Revenue decreased mainly due to the planned reduction in the outsourcing portfolio, a decrease in occupational health visits & the number of connected customers, lower morbidity, as well as the end of customer contracts in Sweden

# Q3: Robust profitability in Healthcare Services

## Growth



## Mix



## Key figures

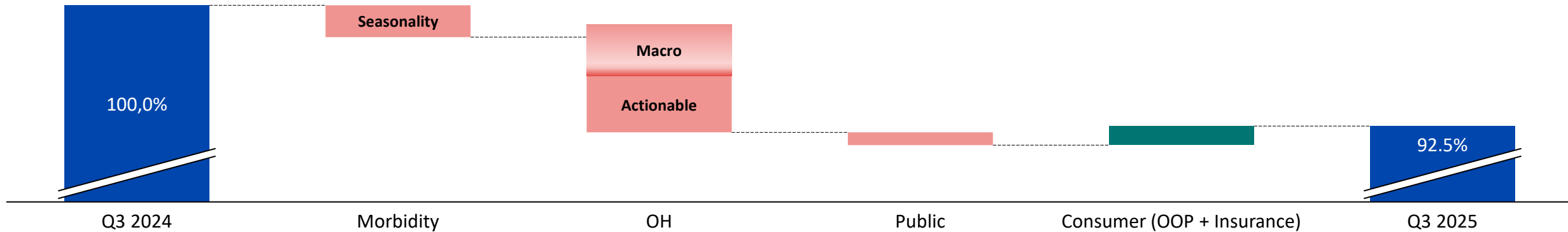
|                  | 7-9/2025 | 7-9/2024 | Change, % | 2024    |
|------------------|----------|----------|-----------|---------|
| Revenue, MEUR    | 226.6    | 232.0    | -2.3      | 1,042.8 |
| Adj. EBITA, MEUR | 31.0     | 34.1     | -8.9      | 162.0   |
| Adj. EBITA-%     | 13.7 %   | 14.7 %   | -1.0%-p.  | 15.5 %  |
| Adj. EBIT, MEUR  | 28.1     | 29.7     | -5.5      | 143.7   |
| Adj. EBIT-%      | 12.4 %   | 12.8 %   | -0.4%-p.  | 13.8 %  |

## Segment update

- Profitability weakened due to lower revenue; however, the operational efficiency remained strong.
- Revenue from insurance customers increased.
- Overall, revenue decreased due to fewer visits, driven by:
  - 1) a lower number of connected occupational health employees and restrictions on service use and scope by client companies,
  - 2) lower morbidity, and
  - 3) lower service sales to the public sector

# Q3: Healthcare Services are affected by multiple factors linked to patient visits

## Development of visits in Q3\*

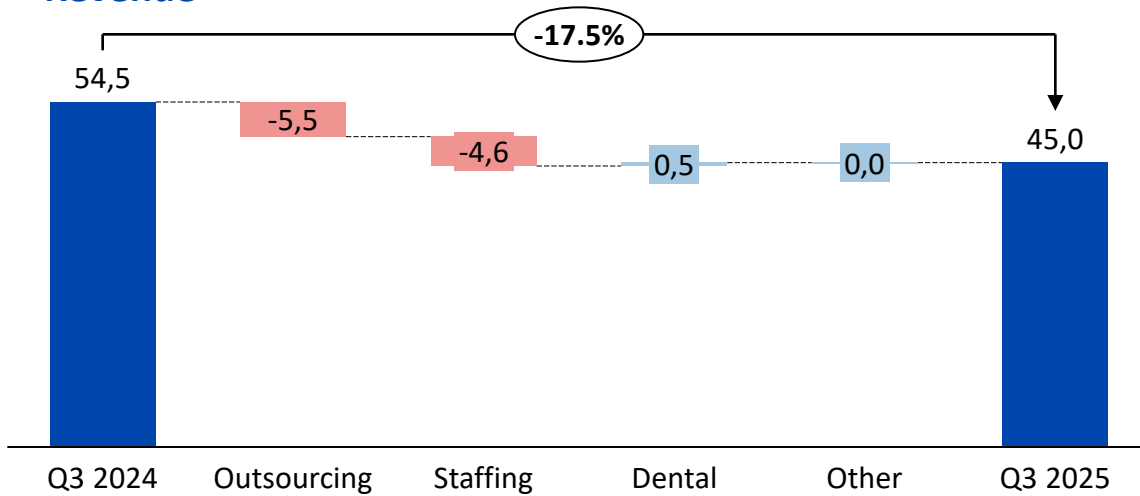


## Comments

- Morbidity in Q3 has been lower than in the previous year, resulting in approx. 50,000 fewer visits. This trend is part of normal seasonal variations and changes annually.
- Three key factors drive the decline in visits for Occupational Health:
  - A general decline in the employed population in Finland due to a sluggish economy.
  - Employers are implementing cost reduction initiatives driven by weak economic conditions.
  - Proactive customer selection made during the profit improvement program, added with some involuntary market share losses.
  - **> We have a robust program to address the OH weakness and expect growth in the number of connected employees in 2026.**
- Public sector capacity sales have stabilised, and the sales pipeline is opening up
- Consumer market has developed favourably, driven primarily by Kela 65 and insurance partnerships

# Q3: The profitability fundamentals continued to strengthen in the Portfolio Businesses

## Revenue



## Key figures

|                  | 7-9/2025 | 7-9/2024 | Change, % | 2024  |
|------------------|----------|----------|-----------|-------|
| Revenue, MEUR    | 45.0     | 54.5     | -17.5     | 238.5 |
| Adj. EBITA, MEUR | 3.6      | 3.1      | 15.3      | 10.3  |
| Adj. EBITA-%     | 8.0 %    | 5.7 %    | 2.3%-p.   | 4.3 % |
| Adj. EBIT, MEUR  | 3.3      | 2.8      | 18.2      | 9.1   |
| Adj. EBIT-%      | 7.4 %    | 5.2 %    | 2.2%-p.   | 3.8 % |

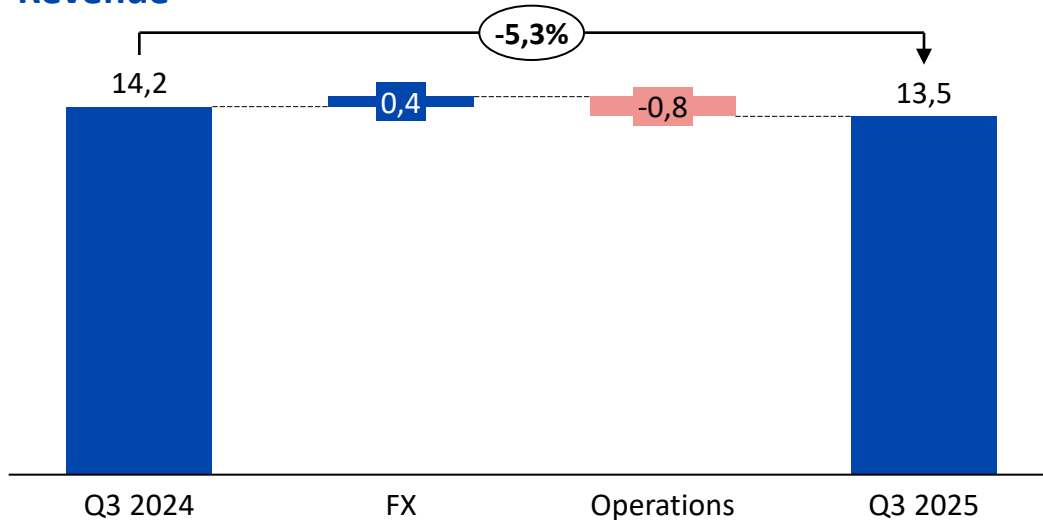
## Segment update

- The termination of low-margin outsourcing contracts and improved operational efficiency improved profitability year-on-year.
- The publicly funded market remained cautious; however, there are signs of a recovery in demand. The market also saw some larger partnership tenders.
- Revenue decreased year-on-year due to:
  - the planned reduction in the outsourcing portfolio,
  - weaker demand and proactive customer selection in staffing services.
- Revenue from dental care has increased because of the growing demand from consumers.



# Q3: Difficult market conditions in Sweden, successful measures of the profit improvement programme

## Revenue



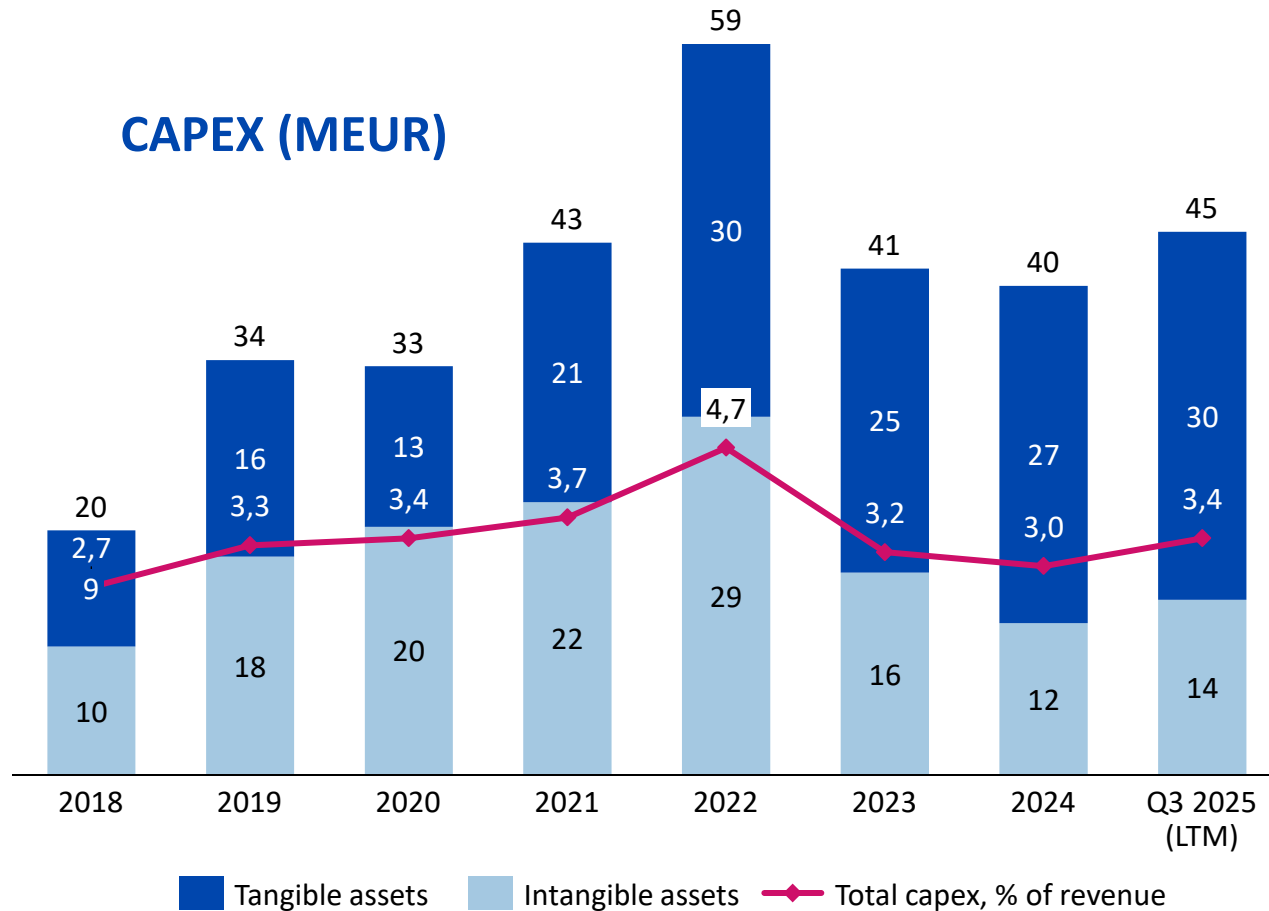
## Segment update

- The cost savings from the profit improvement program positively impacted profitability.
- Adjusted EBIT improved year-on-year.
- The weak macroeconomic situation in Sweden continued, and the unemployment rate remained high.
- Revenue decreased due to expired contracts and weaker demand.

## Key figures

|                  | 7-9/2025 | 7-9/2024 | Change, % | 2024   |
|------------------|----------|----------|-----------|--------|
| Revenue, MEUR    | 13.5     | 14.2     | -5.3      | 81.8   |
| Adj. EBITA, MEUR | -2.3     | -3.0     | 23.0      | -2.0   |
| Adj. EBITA-%     | -17.1 %  | -21.0 %  | 3.9%-p.   | -2.5 % |
| Adj. EBIT, MEUR  | -2.6     | -3.3     | 22.5      | -3.4   |
| Adj. EBIT-%      | -19.2 %  | -23.4 %  | 4.2%-p.   | -4.1 % |

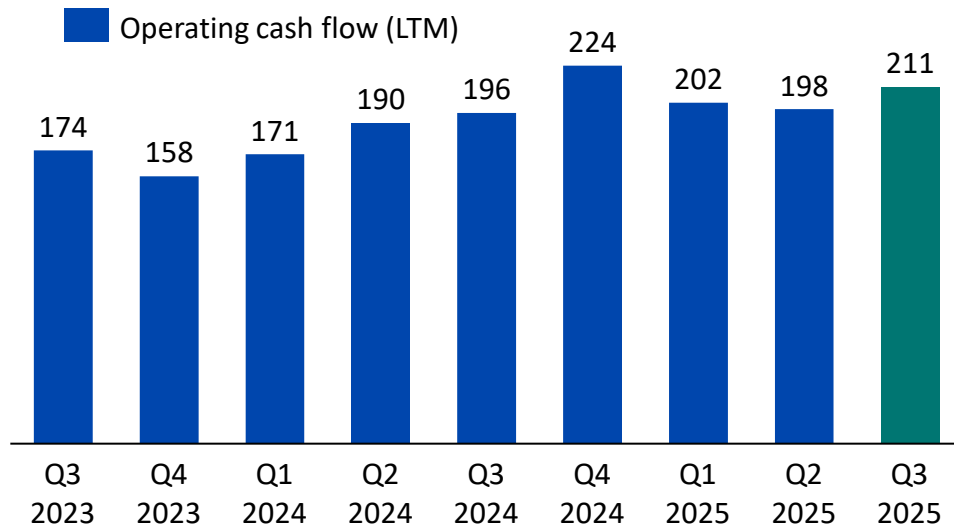
# We invest in organic and disciplined inorganic growth



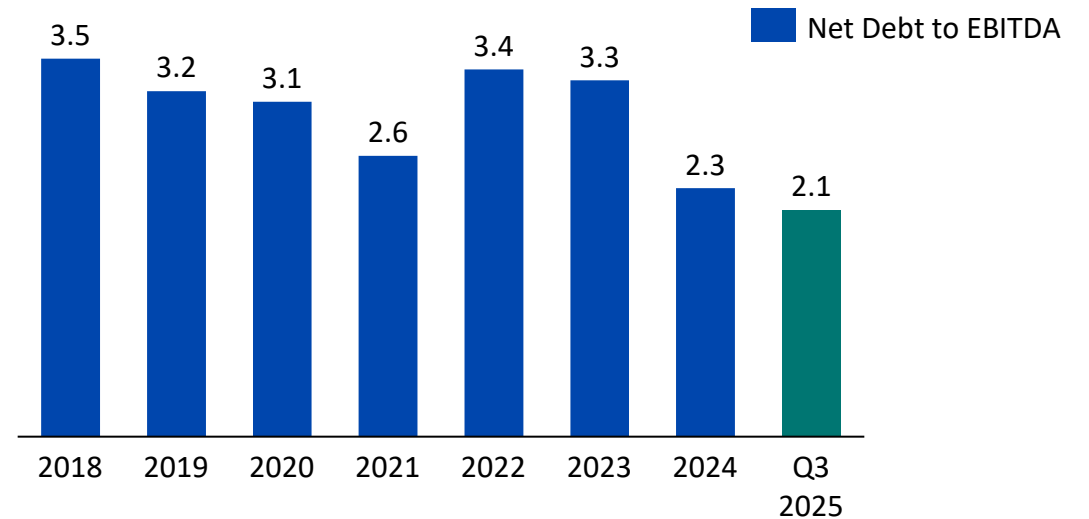
- Our investment strategy prioritises organic growth and disciplined inorganic expansion.
- We focus on digital investments to improve user experience and productivity for healthcare professionals.
- We selectively invest in physical assets like leasehold improvements and medical equipment.
- Disciplined M&A agenda to complement organic investments

# A strong financial position supports our strategy execution

Strong profit growth has led to significant cash flow conversion and deleveraging



- Cash flow from operating activities in Q3/2025 was impacted by the seasonal variation in the level of committed net working capital.

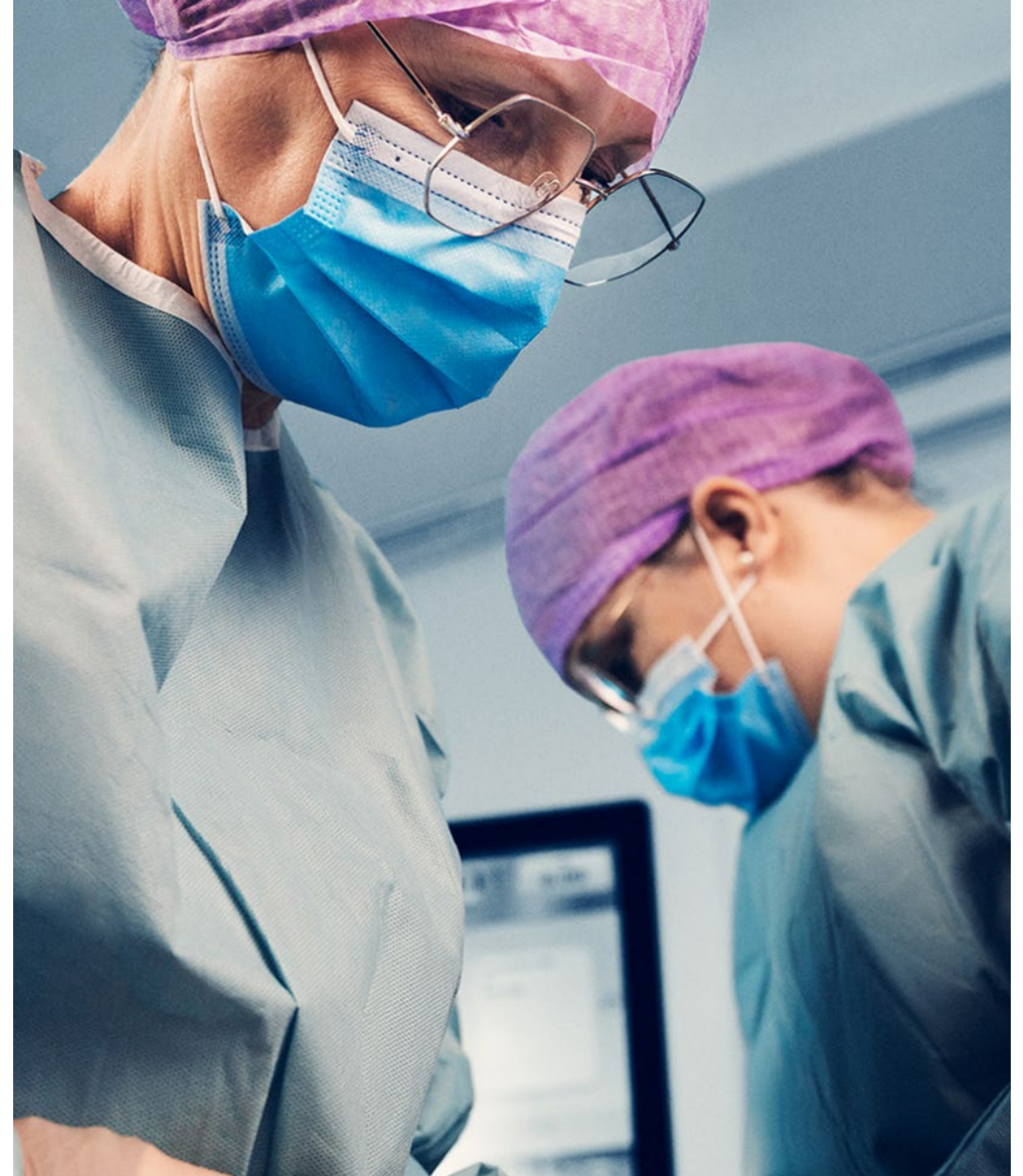


- Net debt amounted to EUR 500.5 (545.4) million
- Net debt to EBITDA was 2.1
- Net debt, excluding IFRS 16 (lease liabilities) amounted to EUR 311.6 (350.0) million.

# Guidance for 2025 (unchanged)

Terveystalo expects its full-year 2025 adjusted EBIT to be EUR 155-165 million (2024: EUR 140.5 million).

- The estimates are based on the current demand environment, employment levels, and morbidity rates.
- The estimates account for a decrease of approximately EUR 30 million in revenue within the Portfolio Businesses segment's outsourcing operations due to the ending of contracts.
- Profitability is expected to strengthen in all business segments.
- The estimates do not account for significant acquisitions or divestments.



# Q&A

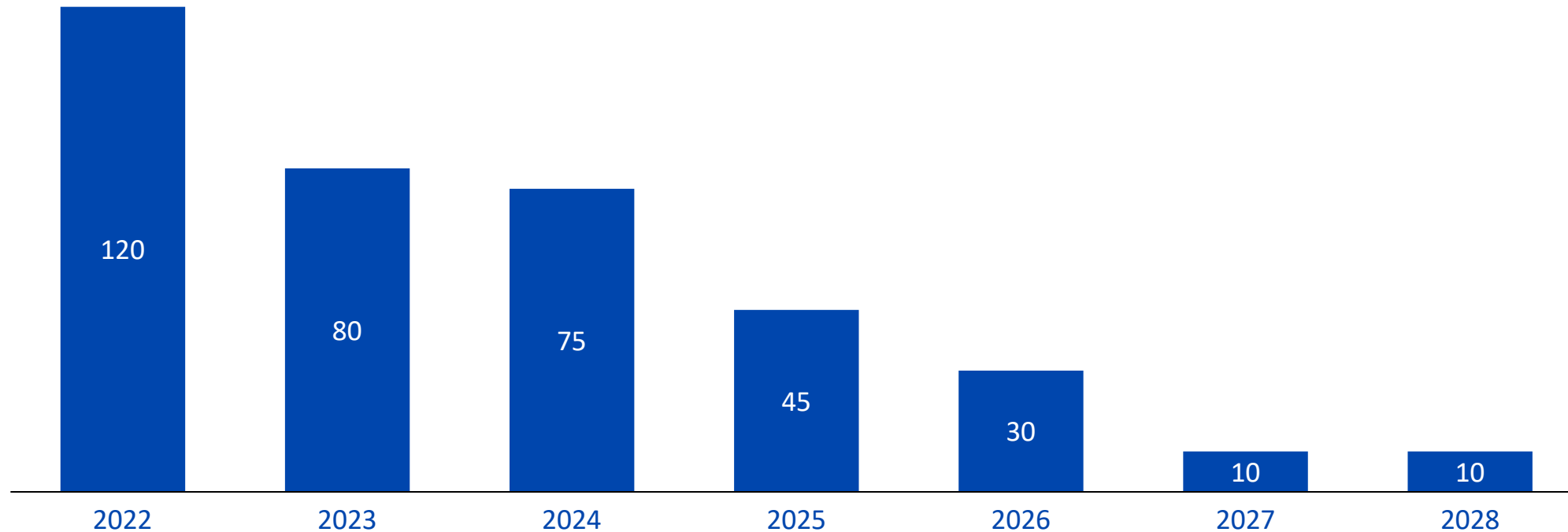
# Terveystalo

MEANINGFUL MATTERS

[terveystalo.com](https://terveystalo.com)

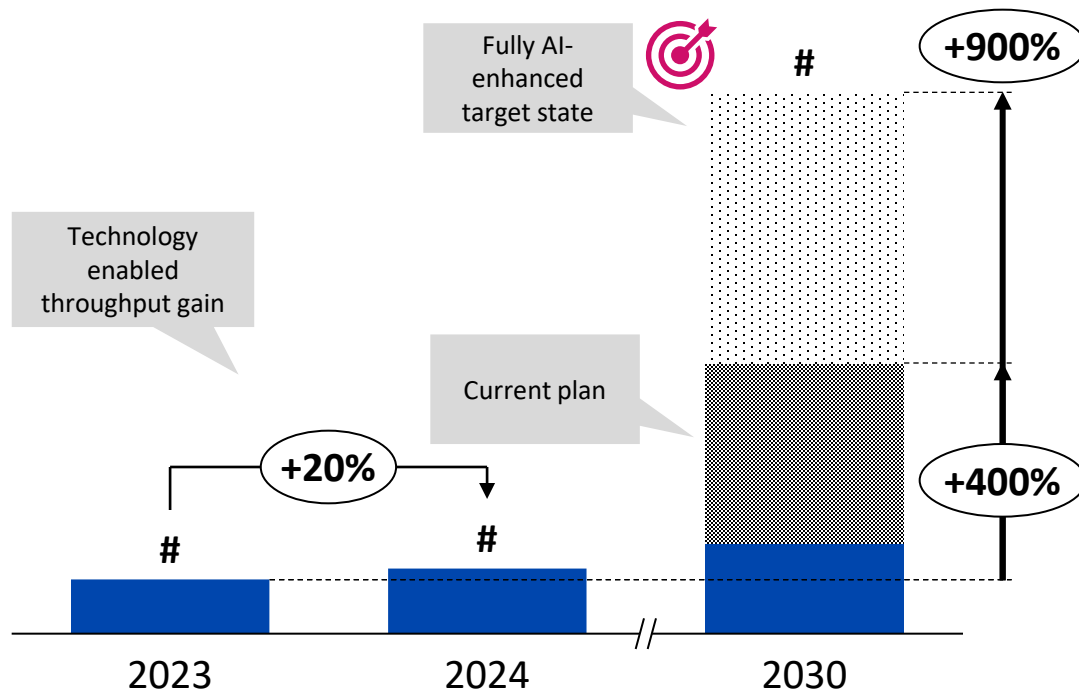
# The legacy outsourcing contract portfolio shrinks as old contracts expire or are terminated

CONTRACT VALUE, OUTSOURCING CONTRACTS, M€<sup>1</sup>



# Our emphasis is on customer-focused product development and using technology to lower production costs across all customer groups

We target 90% lower production costs (weighted average) in digital channels



Further opportunity from channel mix optimisation

