Terveystalo

Fighting for a healthier working life



PRICE LIST FOR OCCUPATIONAL HEALTH SERVICES **2025**

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A healthy workplace is a joint effort.

The constantly changing working life may raise worries about change at the expense of wellbeing. For this reason, a working life partner must be able to solve not only the challenges of today but also anticipate those of tomorrow.

In addition to productivity losses, one sickness absence day costs the employer an average of EUR 420. Therefore, it is safe to say that health pays off.

Effective occupational healthcare is key to comprehensive working life expertise. Occupational health takes into account both symptoms and their underlying causes, prevents problems, and understands the work community as a whole. Our medical expertise and dataderived wisdom ensure that our cooperation is always based on methods supported by the latest research and multidisciplinary know-how. Our Healthy Workplace[™] operating model takes into account every aspect that affects productivity and health, and with the help of modern digital tools, we can tackle what matters most in a timely manner.

Together, we create healthy workplaces that are a resource for people and build a sustainable foundation for organizational success. In our work for a healthier working life, each and every one of us is equally important.



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Occupational health doctor's services

Preventive services for the workplace and the work community			Price
Workplace survey (planning, reporting), operational planning and occupational health and safety cooperation*			256.00 €/hour
Group advice and guidan	ce related to the working environment, conditions, tools,	and methods*	668.60 €/hour
Specialist work by major of	customer physician		268.90 €/hour
Preventive services	for employees		Price
Health examination, heal negotiation)*	th visit, work ability support (work ability assessment and	follow-up/work ability	256.00 €/hour
Appointment at the clinic	or video appointment, phone call, and electronic consul	tation*	256.00 €/hour
GP-level medical ca	re focused on occupational health		Price
Occupational health physician/general practitioner*	Appointment at the clinic, video appointment or telephone appointment	max. 20 minutes	74.00 €
Occupational health physician/general practitioner*	Appointment at the clinic, video appointment or telephone appointment	max. 30 minutes	109.00 €
Occupational health physician/general practitioner*	Appointment at the clinic, video appointment or telephone appointment	max. 45 minutes	149.00€
Occupational health physician/general practitioner*	Appointment at the clinic, video appointment or telephone appointment	max. 60 minutes	209.00 €
Occupational health physician/general practitioner*	Doctor Chat 24/7 appointment	max. 15 minutes	57.00 € each
Occupational health physician/general practitioner*	Doctor Chat 24/7 appointment, extended		209.00 €/hour
Occupational health physician/general practitioner*	Pharmacotherapy assessment, Doctor Chat 24/7 appointment		57.00 € each
Occupational health physician/general practitioner*	Phone and e-mail consultation	minimum 10 minutes	220.00 €/hour
Occupational health physician/general practitioner*	Messages to specialists consultation	minimum 10 minutes	220.00 €/hour

*) The above prices are subject to an additional 10% fee if the service is provided by an occupational healthcare specialist.



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Occupational healthcare nurse's services

Preventive services for the workplace and the work community	Price
Workplace survey (planning, reporting), operational planning and occupational health and safety cooperation	128.90 €/hour
Group advice and guidance related to the working environment, conditions, tools, and methods	499.00 €/hour
Specialist work by major customer nurse	135.40 €/hour

Preventive services for employees	Price
Health examination, health visit, work ability support (work ability assessment/occupational health negotiation)	125.50 €/hour
Appointment at the clinic or video appointment, phone call, and electronic consultation	125.50 €/hour

Medical care focused on occupational health			Price
Occupational health nurse	Appointment at the clinic or video appointment	max. 20 minutes	41.10 €
	Appointment at the clinic or video appointment	max. 30 minutes	61.60 €
	Appointment at the clinic or video appointment	max. 45 minutes	92.40 €
	Appointment at the clinic or video appointment	max. 60 minutes	125.50 €
	Telephone, e-mail and messages to specialists consultation	minimum 10 minutes	125.50 €/hour
Nurse	Appointment at the clinic or video appointment	max. 20 minutes	36.00 €
	Appointment at the clinic or video appointment	max. 30 minutes	54.00 €
	Appointment at the clinic or video appointment	max. 40 minutes	74.00 €
	Appointment at the clinic or video appointment	max. 60 minutes	109.50 €
	Telephone, e-mail and messages to specialists consultation	minimum 10 minutes	32.00 € each

Digital Nurse service 24/7, telephone and chat*		32.00 € each
Nurse Chat 24/7*		32.00 € each
Mielen Chat 24/7*	max. 15 minutes	32.00 €/appointment
Mielen Chat 24/7*	max. 30 minutes	64.00 €/appointment
Mielen Chat 24/7*	Over 30 minutes	92.00 €/appointment
Nurse Chat 24/7, service initiation fee	1–100 employees	141.00 €/initiation + VAT
	More than 100 employees	610.00 €/initiation + VAT

*) The Digital Nurse 24/7, Nurse Chat 24/7 and Mielen Chat 24/7 appointment prices are subject to time-based increases.



Occupational physical therapy and physical therapy services

Preventive services for the workplace and the work community	Price
Workplace survey (planning, reporting), operational planning and occupational health and safety cooperation	135.60 €/hour
Group advice and guidance related to the working environment, conditions, tools, and methods	345.50 €/hour
Active workplace – activity strategy drawn up together with management*	From 345.50 €/hour + VAT
Instilling an active work culture – supervisor training*	From 345.50 €/hour + VAT
Active everyday life – lecture on well-being at work*, **	From 400.00 €/hour + VAT
Work and facility planning and consultation*	From 345.50 €/hour + VAT
Well-being at work groups, tailored group activities*	From 345.50 €/hour + VAT

Occupational physical therapy and physical therapy services for the employee		Price
Occupational physical therapist; Health examination, advice and guidance	Appointment at the clinic or video appointment, phone call, and electronic consultation	129.60 €/hour
Occupational physical therapist / Physical therapist	Direct access 60 minutes	151.90 €/hour
Physical therapist	Max. 60-minute appointment at the clinic or video appointment	112.00 €/hour
Specialized physical therapist	Max. 60-minute appointment at the clinic or video appointment	143.00 €/hour
Occupational physical therapist*	Health review (90 minutes)	148.00 €/hour + VAT

Occupational physical therapist*	Endurance or muscle fitness test or a Functional Movement Screen (FMS) (60 minutes)	148.00 €/hour + VAT
Occupational physical therapist*	Personal training program	130.00 €/hour + VAT
Occupational physical therapist*	Oma Valmentaja	164.00 €/hour + VAT
Orthotic insoles		From 103.00 € each + VAT

*) The service is normally not an occupational health service reimbursable by Kela.

**) If the lecture is recorded for use in the customer's internal operations, a 50% fee will be added to the price of the lecture. The right to use the recording is one year, unless otherwise agreed. The recording may not be used outside the customer organization.



Occupational health psychologist's services

Preventive services for the workplace and the work community	Price
Workplace survey (planning, reporting), operational planning and occupational health and safety cooperation	225.80 €/hour
Group advice and guidance related to the working environment, conditions, tools, and methods	593.40 €/hour
Lecture on well-being at work**	From 900.00 €/hour + VAT
Group work supervision*	550.00 €/hour + VAT
Work community coaching*	From 700.00 €/hour + VAT
Work sparring*	450.00 €/hour + VAT
Crisis session (group)	486.00 €/hour/specialist
Investigation of bullying allegations*	360.00 €/hour + VAT/specialist

Preventive services for emp	ployees and brief psychotherapy	Price
Health examination, work ability support, advice and guidance appointment	Appointment at the clinic or video appointment, phone call, and electronic consultation	219.50 €/hour
Coaching*		From 450.00 €/session + VA
Work supervision, specialists*		240.00 €/hour + VAT
Sparring for specialist work*		250.00 €/session + VAT
Mental health sparring*		197.00 €/session
Brief psychotherapy*		219.50 €/session
Couples therapy*		240.00 €/session
Services for supervisors		Price
Supervisor sparring*		330.00 €/session + VAT
Managerial work supervision*		330.00 €/hour + VAT
Coaching, supervisors*		From 550.00 €/session + VAT
Consultation for management*		470.00 €/hour + VAT
Supervisor coaching*		Ask for a quote
Supervisor support in a work ability	y situation*	219.50 €/hour + VAT
Organizational psychologist	t's services	Price
Mapping meeting*	The mapping meeting is an opportunity to discuss the current issues of the work community and leadership with an organizational psychologist.	200.00 €/hour + VAT
Humanely efficient management group*		Ask for a quote
*) The service is normally not an or	cupational health service reimbursable by Kela	

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Occupational health nutritional therapy services

Preventive services for the workplace and the work community		Price
Dietician	Workplace surveys, operational planning and reporting	197.10 €/hour
Dietician's lecture on well- being at work and well- being at work groups*, **		650.00 €/hour + VAT
Well-being day*	Well-being at work event organized on the company's premises	Ask for a quote
Preventive services fo	r employees	Price
Dietician	Appointment at the clinic or video appointment	197.10 €/hour

Occupational health work ability coaching services

Preventive services for the workplace and the work community	Price
Work ability partner, HR and supervisor support in work ability matters*	Ask for a quote
Work ability coach's lecture**	Ask for a quote

Preventive services for employees		Price
Work ability coach (social care professional)	Appointment at the clinic or video appointment	182.50 €/hour + VAT
Career coaching*	Appointment at the clinic or video appointment	Ask for a quote
Work and livelihood chat*	max. 15 minutes	43.20 €/appointment + VAT

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*) The service is normally not an occupational health service reimbursable by Kela.

**) If the lecture is recorded for use in the customer's internal operations, a 50% fee will be added to the price of the lecture. The right to use the recording is one year, unless otherwise agreed. The recording may not be used outside the customer organization.



Evening, night and weekend increases

Time-based increases to the prices of appointments*

Mon–Fri between 7 a.m. and 9 p.m.: no increase

Night-time work Mon–Fri between 9 p.m. and 7 a.m.: 100% increase

Saturday between 7 a.m. and 6 p.m.: 35% increase

Sunday between 7 a.m. and 9 p.m.: 100% increase

Night-time work Sat–Sun between 6 p.m. and 7 a.m.: 100% increase

Public holidays, Midsummer Eve and Christmas Eve: 100% increase

*The price increases also apply to the Digital Nurse, Nurse Chat and Mielen Chat services.

Time-based increases to the prices of Doctor Chat services

Mon-Fri between 7 a.m. and 9 p.m.: no increase

Sat between 7 a.m. and 6 p.m.: 35% increase

Sun between 7 a.m. and 9 p.m.: 50% increase

Night-time work Mon–Fri between 9 p.m. and 7 a.m. and Sat–Sun between 6 p.m. and 7 a.m.: 50% increase

Public holidays, Midsummer Eve and Christmas Eve: 50% increase

Evening, night, and weekend work at the customer's premises, increases to the prices of occupational health professionals and specialists

Evening work (Mon-Fri between 6 p.m. and 10 p.m.): 50% increase

Night work (Mon–Fri between 10 p.m. and 6 a.m.): 70% increase



Certificates and statements

Certificates and statements	Price
SVA certificate	Free of charge
SVA certificate, mailing of a paper certificate after a remote appointment*	6.20€
Sickness absence certificate issued by a nurse, mailing of a paper certificate after a remote appointment*	6.20€
SVB statement, regular	106.00 €
SVB statement, comprehensive	157.00 €
SVB statement, extremely comprehensive and demanding	172.00€
Certificate for a driver's license*	57.50 €
Certificate on a medical fitness examination of seafarers*	104.00 €
Diver's medical certificate*	60.50 €
Medical Certificate*	62.50 €
Vaccination certificate*	15.00€
Drug test statement*	45.00 €
Intermediate medical certificate for a radiation worker*	48.50€

*) The service is normally not an occupational health service reimbursable by Kela.

**) Prices are 10% higher for services provided by an occupational healthcare specialist.



Occupational health well-being services

To succeed at work, employees have to keep their skills up-to-date and know how to look after their well-being. Adequate rest, a well-balanced diet, stimulating physical exercise and useful tools for mental well-being form the basis for our overall health and well-being. Terveystalo's professionals help your employees to lead a healthier life and to achieve their objectives in working life. <u>Read more here.</u>

Price

Separate surveys and assessment methods

Result analysis, feedback, and personal well-being development plan are charged by occupational health specialists according to the hourly rate of the relevant occupational group.

Health survey	E-survey	Ask for a quote
TyöOptimi – a resource survey	E-survey	Ask for a quote
Firstbeat Life 3 months * (as part of occupational healthcare service)	3-month measurement license, including a measurement device	198.80 €/person
Firstbeat Life 6 months *	6-month measurement license, including a measurement device	236.50 €/person + VAT
Firstbeat Life 12 months *	12-month measurement license, including a measurement device	283.00 €/person + VAT
Firstbeat well-being survey: feedback, coaching and monitoring*	Occupational physical therapist / Occupational health psychologist (hourly fee)	219.50 €/person + VAT

Occupational health coaching

Coaching for supervisors		Price
Humane efficiency coaching for supervi	sors*	Ask for a quote
Coaching for all employees		Price
Sleep*	Online coaching license for the organization's personnel, 12 months	From 390.00 €/company + VAT
Stress*	Online coaching license for the organization's personnel, 12 months	From 390.00 €/company + VAT
Nutrition*	Online coaching license for the organization's personnel, 12 months	From 390.00 €/company + VAT
Intensive coaching for obesity*		Ask for a quote
PrioMed health coaching project*		Ask for a quote

*) The service is normally not an occupational health service reimbursable by Kela.

**) More information about coaching



Company-specific first aid courses

Webinars		Price
FRC First Aid Course EA 1®	Theory and practice online under the guidance of an instructor. Minimum billing 10 people.	135.50 €/person + VAT
FRC First Aid Course EA 2®	Theory and practice online under the guidance of an instructor. Minimum billing 10 people.	135.50 €/person + VAT
FRC Emergency First Aid 8 h®	Theory and practice online under the guidance of an instructor. Minimum billing 10 people.	93.50 €/person + VAT
FRC Emergency First Aid 4 h®	Theory and practice online under the guidance of an instructor. Minimum billing 10 people.	72.50 €/person + VAT

Contact teaching		Price
FRC First Aid Course EA 1®	Training as contact teaching. Minimum billing 10 people.	169.00 €/person + VAT
FRC First Aid Course EA 2 [®]	Training as contact teaching. Minimum billing 10 people.	169.00 €/person + VAT
FRC Emergency First Aid 8 h®	Training as contact teaching. Minimum billing 10 people.	119.00 €/person + VAT
FRC Emergency First Aid 4 h®	Training as contact teaching. Minimum billing 10 people.	89.00 €/person + VAT

Combination training		Price
FRC First Aid Course EA 1®	Theory online independently and practical classroom exercises led by an instructor. Minimum billing 10 people.	146.00 €/person + VAT
FRC Emergency First Aid 8 h®	Theory online independently and practical classroom exercises led by an instructor. Minimum billing 10 people.	104.00 €/person + VAT
FRC First Aid Course EA 1®	Theory online independently and practice online with the direction of an instructor. Minimum billing 10 people.	114.50 €/person + VAT
FRC Emergency First Aid 8 h®	Theory online independently and practice online with the direction of an instructor. Minimum billing 10 people.	83.00 €/person + VAT

The instructors on the course are Terveystalo's coaches with FRC®'s first aid instructor training. Contact teaching courses are invoiced according to a minimum of 10 participants. All FRC®'s courses are subject to a registration and certification fee, including a mobile card (20.20 € each + VAT). VAT on all services and products is 25.5%. Ask about our other courses.



Open first aid courses

Open webinars		Price
FRC First Aid Course EA 1®	Theory and practice online under the guidance of an instructor.	188.00 €/person + VAT
FRC Emergency First Aid 8 h®	Theory and practice online under the guidance of an instructor.	104.00 €/person + VAT
FRC Emergency First Aid 4 h®	Theory and practice online under the guidance of an instructor.	83.00 €/person + VAT
Open classroom education course	S	Price
Open classroom education course	S Training as contact teaching	Price 224.00 €/person + VAT
		224.00 €/person +

Open combination training courses		Price
FRC First Aid Course EA 1®	Theory online independently and practical classroom exercises led by an instructor.	166.50 €/person + VAT
FRC Emergency First Aid 8 h®	Theory online independently and practical classroom exercises led by an instructor.	114.00 €/person + VAT

The instructors on the course are Terveystalo's coaches with FRC[®]'s first aid instructor training. All FRC[®]'s courses are subject to a registration and certification fee, including a mobile card (20.20 € each + VAT). VAT on all services and products is 25.5%. Ask about our other courses.

First aid supplies and equipment

We also provide first aid supplies and equipment based on a risk assessment. By centralizing the purchases of first aid courses and equipment to Terveystalo, you can get special prices. Learn more here.



Most common laboratory packages

Health monitoring examinati	ons*	Price
Health examination	B-Leuk, B-Hb, B-HKR, B-Eryt, E-MCV, E-MCH, E-MCHC, B- Trom, B-HbA1c, S-Kol, S-Kol-HDL, S-Kol-LDL, S-Trigly, S- ALAT, S-GT, S-Krea, S-ApoB, S-ApoA1, risk indices: cardiac infarction, cardiovascular diseases, type 2 diabetes, liver fibrosis and cirrhosis, chronic kidney disease, alcoholic liver disease, COPD, lung cancer*	164.90 €
Health examination + PEth	B-Leuk, B-Hb, B-HKR, B-Eryt, E-MCV, E-MCH, E-MCHC, B- TroTUTm, B-HbA1c, S-Kol, S-Kol-HDL, S-Kol-LDL, S-Trigly, S- ALAT, S-GT, S-Krea, B-PEth, S-ApoB, S-ApoA1, risk indices: cardiac infarction, cardiovascular diseases, type 2 diabetes, liver fibrosis and cirrhosis, chronic kidney disease, alcoholic liver disease, COPD, lung cancer*	224.90 €
Health examination, comprehensive	B-Leuk, B-Hb, B-HKR, B-Eryt, E-MCV, E-MCH, E-MCHC, B- Trom, B-HbA1c, S-Kol, S-Kol-HDL, S-KolLDL, S-Trigly, S-ALAT, S-GT, S-K, S-Krea, S-Na, S-TSH, B-Peth, S-ApoB, S-ApoA1, risk indices: cardiac infarction, cardiovascular diseases, type 2 diabetes, liver fibrosis and cirrhosis, chronic kidney disease, alcoholic liver disease, COPD, lung cancer*	259.90 €

*) Only available at Terveystalo. *) Risk indices are based on risk factors measured by Nightingale Health's blood analysis

Examples of other laboratory packages		Price
Fibrosis-4 index		90.20 €
Lipids (lipid panel)	S-Kol, S-Kol-HDL, S-Kol-LDL, fS-Trigly	73.90 €
Metabolic panel	fS-Gluk, S-Kol, S-Kol-HDL, S-Kol-LDL, fS-Trigly, S-ALAT, S-Uraat, S-Krea, S-K, S-Na	139.00€



Most common laboratory tests

Most common laboratory tests	Abbreviation	Code	Price
Serum alanine aminotransferase	S-ALAT	1026	34.90 €
Alkaline phosphatase	S-AFOS	1046	35.90€
Vitamin B12 bound to transcobalamin II	B-B12-TC2	1142	102.00€
Bacterial culture, urine	U-BaktVi	1155	46.90 €
Bilirubin	S-Bil	1185	33.10€
C-reactive protein, point-of-care testing	S-CRP-Vt	1216PIK	59.00€
Vitamin D 25-OH	S-D-25	1220	88.00€
Ferritin	S-Ferrit	1395	58.90 €
Fibrin D-dimers, point-of-care testing	P-FIDD-Vt	3939PIK	121.90€
Folate	fS-Folaat	1416	67.00€
Glucose	fP-Gluk	1468	33.10€
Gamma-glutamyltransferase	S-GT	1489	33.90€
Helicobacter pylori, antigen	F-HepyAg	3952	133.80€
Hemoglobin A1C	B-HbA1c	6128	69.90 €
Influenza A and B virus, antigen, point-of-care testing	-InfABAg	4746PIK	89.80 €
Potassium	S-K	2001	33.90 €
Chemical screening, urine, point-of-care testing	U-KemSeuVt	1881	40.20 €
Molecular diagnostic test for chlamydia and gonorrhea from a lining sample	-CtGcNhO	1738	99.40 €
Creatinine	S-Krea	2143	33.90€
Histological examination of a tissue sample	Ts-PAD-1	4054	133.40€
Sodium	S-Na	2382	33.90€
Basic blood work and thrombocytes, point-of-care testing	B-PVK+TVt	2474PIK	60.70 €
Prostate-specific antigen	S-PSA	3642	79.00€

Rheumatoid factor, determination	S-RF	3550	45.90€
Anti-citrulline antibodies	S-CCPAb	4744	77.90€
Streptococcus pyogenes (A), antigen, point-of-care testing	Ps-StrAAg	3635PIK	89.80€
Full blood count	Β-ΤVΚ	3696	75.30€
Testosterone, immunological measurement	S-Testo	2735	87.40€
Troponin T, point-of-care testing	B-TnT-Vt	4532PIK	121.90 €
Thyroid-stimulating hormone, TSH	S-TSH	2832	72.90€
Thyroxine, free	S-T4-V	2836	81.10€
Fecal calprotectin	F-Calpro	4803	180.80 €



Most common clinical physiological and neurophysiological examinations

Most common clinical physiological and neurophysiological examinations	Abbreviation	Price
12-lead resting ECG	Pt-EKG-12	79.90€
Electroneuromyography, examination of one limb or problem	Pt-ENMG-2	525.80€
Air conduction threshold and bone conduction threshold, if necessary	Pure tone audiometry	120.20€
Spirometry and bronchodilation test including statement	Pt-FVSpirD	172.30€
Sleep polygraphy, ambulatory	Pt-PolAmb	479.00€

Most common imaging examinations

X-ray examinations	Code	Price
Comprehensive X-ray examination of the foot	NH3BA	162.00€
Comprehensive X-ray examination of the hand and fingers	ND2BA	162.00€
X-ray of the hand and fingers	ND2AA	152.00€
X-ray of the lungs	GD1AA	152.00€
X-ray of the lumbar spine	NA3AA	152.00€
X-ray of the hip	NF1AA	152.00€
Comprehensive mammography, includes ultrasound examination	HA1RA	299.00€
X-ray of the paranasal sinuses, occipitomental projection, 1 image	DM1QA	152.00€
Comprehensive X-ray examination of the shoulder joint	NB1BA	162.00€
X-ray of the knee	NG1AA	152.00€



Most common imaging examinations

MRI	Price
MRI examinations of the cervical, thoracic, and lumbar spine and the SI joint	441.00 €
Extensive MRI examinations of the cervical, thoracic, and lumbar spine and the SI joint	452.00 €
Extensive MRI examinations of the head	443.00 €
Extensive MRI examinations of the knee, ankle, foot, pelvis, and hip	452.00 €
MRI examinations of the head	439.00 €
MRI examinations of the knee, ankle, foot, pelvis, and hip	431.00 €

Ultrasound examinations	Code	Price
Ultrasound of the veins of the lower limb	PH2AE	414.00 €
Neck ultrasound	EP1AE	335.00 €
Thyroid ultrasound	BA1AE	319.00 €
Other ultrasound of a muscle and/or tendon	NK1XE	349.00 €
Ultrasound of the shoulder joint	NB1AE	333.00 €
Ultrasound of a superficial mass	QX3HE	320.00 €
Ultrasound examination of the mammary glands	HA1AE	248.00 €
Abdominal ultrasound	JN3AE	459.00 €
Ultrasound examination of the urinary tract	KH1AE	372.00 €
Ultrasound of the upper abdomen	JN1AE	405.00 €



Oral care services

Oral and dental health is part of overall health and promotes well-being and work ability. You can gain access to dental care services easily by adding them to your occupational healthcare agreement. Read more here.

Examinations and tests	Code	Price
Brief oral examination*	SAA01	0.00–56.50 €
Basic oral examination*	SAA02	78.00 €
Comprehensive oral examination/specialty-specific consultation*	SAA03	90.00–260.00 €

Imaging at the clinic	Code	Price
Intraoral radiograph, during an appointment	EB1VA / EB2VA / EB4VA	37.00–60.00 €
Panoramic tomography (Orthopantomography)	EB1HA	From 120.00 €

Pain relief/local anesthesia	Code	Price
Pain relief/local anesthesia	WX105 / WX110 / WX290	22.00–32.00 €

Restorative therapy	Code	Price
With composite filling, depending on the size of the filling	SFA00-SFA40	69.00–233.50 €
Temporary filling, during a separate appointment		72.50 €

Root canal therapy	Code	Price
Opening of root canals as emergency treatment	SGA01	109.50 €
Opening and expansion of root canals	SGA02-SGA05	127.00-319.00 €
Root canal filling	SGB10-SGB30	120.50–266.50 €
Pharmacological therapy of root canals	SGC00	113.00–123.00 €

Dental hygienist services**	Code	Price
Scaling by a dental hygienist (periodontological treatment)	SDA02-SDA05	72.50–169.00 €

Surgical procedures	Code	Price
Non-surgical tooth extraction	EBA00-EBA05	110.00–236.50 €
Surgical removal of a tooth	EBA10 / EBA12	317.50–569.50 €

Other procedures	Price
Outpatient clinic/service fee	15.90€



Oral care services

*) Kela reimburses oral and dental examinations performed by a dentist. Reimbursement is available every other calendar year. You can be reimbursed once a year, however, if your state of health so requires.

**) Kela reimburses treatment by a dental hygienist with a referral from a private dentist. The referral is valid for two years from the date of signing, in accordance with the ordered number of visits.

If the treatment is given by a dental specialist, a 30% price increase applies when the given treatment is within the scope of the dentist's specialty.

Special out-of-hours prices apply on weekends and holidays. On Saturdays and days preceding a public holiday (Christmas Eve, New Year's Eve, Midsummer Night's Eve, etc.), the out-of-hours price can be increased by up to 20%, and on Sundays and public holidays by up to 40%.

A specific price estimate requires a personal visit with a dentist. For example, root canal therapy often requires several visits, and a specific estimate can only be given during the first appointment.

Any additional materials (e.g. prosthetic parts, dental implants, fibers, pins, etc.) and dental laboratory costs will be charged separately.



Other occupational health services

Digital occupational health services		Price
Healthy Workplace Suunta	A digital service for monitoring action plans and the management of corporate matters	Included in the occupational healthcare agreement
Healthy Workplace Sirius: work ability management system		Ask for a quote

Specialist consultations and coordination work	Price
Coordination work by an account manager*	127.20 €/hour
Coordination work by an occupational health physician*	268.90 €/hour
Coordination work by an occupational health nurse*	135.40 €/hour

Occupational healthcare package for the self-employed (no employees)	Price
The annual fee includes a general fee, an occupational healthcare service fee, an update of the action plan and an annual health survey (1.5-hour appointment with an occupational health nurse).	256.30 €/year

Premium	Price
A personalized Premium service is available for the company's key personnel.	Ask for a quote
<u>Read more</u>	

Interpreting service	Price
Interpreting service in occupational health*	From 0.80 €/minute + VAT

A third-party invoicing charge is added to the price of the interpreting service

*) The service is normally not an occupational health service reimbursable by Kela.



Other occupational health fees

Fees related to patient information system recordings		Price
Kanta fee*	The Kanta fee applies to all appointments that are recorded in Kanta with professionals belonging to any professional group within occupational healthcare and dental care.	3.70 €/appointment
Electronic delivery of medical certificate A to Kela*	Electronic delivery of a sickness absence certificate issued by a physician (certificate A) directly to Kela	1.00 € each

General fee and occupational healtho	care service fee	Price
General fee (Kela-reimbursable)		39.90 €/person/year
Occupational healthcare service fee*, according to the size of the company:	Companies/organizations with 1–3 employees	95.00 €/person/year
	Companies/organizations with 4–10 employees	64.00 €/person/year
	Companies/organizations with 11–50 employees	33.00 €/person/year
	Companies/organizations with more than 50 employees	23.00 €/person/year

Invoicing charges	Price
Third-party invoicing charge for contracted occupational healthcare and physical therapy services*	40.90 €/invoice/ subcontractor
Invoicing charge for paper invoices/submitting an invoice via an invoicing portal designated by the customer*	10.90 €/invoice
Electronic invoice*	0.00 €/invoice

Transfer of patients' health information

Price

Preparation of health information that is to be transferred/other IT consultation*	Ask for a quote
Transfer of printed health information by an occupational health nurse from Terveystalo to another service provider*	125.50 €/hour
Recording of external (paper) and self-reported sickness certificates as a service*	Ask for a quote

*) The service is normally not an occupational health service reimbursable by Kela.



Other occupational health fees

Travel time and expenses

The prices for occupational health services and well-being at work services that are provided at the customer's premises or another location determined by the customer do not include the costs of the travel time, which shall be charged according to the hourly rates of occupational healthcare professionals (each beginning quarter of an hour), plus travel expenses according to the Traveling Regulations of the Finnish Tax Authority.

Reasonable travel expenses according to the Traveling Regulations of the Finnish Tax Authority are added to the price of allday well-being at work services if they require travel by the coach.

*) The service is normally not an occupational health service reimbursable by Kela.

Missed appointments

Cancellations of appointments with occupational healthcare professionals and specialists must be made at least 24 hours before the time of the appointment. Cancellations of workgroup and group activities must be made no later than one week in advance. The above deadlines must be adhered to unless otherwise agreed in a separate agreement. For late cancellations and missed appointments, we charge the listed price in full.

Occupational accidents and diseases

Visits related to occupational accidents or diseases shall be invoiced directly from the insurance company. If the insurance company makes a negative compensation decision, the employer shall be invoiced later.



Validity of the price list, terms and conditions

This price list is valid from January 1, 2025, until further notice.

The prices are exclusive of VAT, unless otherwise specified in writing. VAT according to the VAT Act is not added to the price of occupational health services that are considered medical and healthcare services. If taxable services or products are sold in addition to the healthcare services, VAT is added to the price. If it is later decided that a service that has been sold was taxable, the seller has the right to charge the buyer for VAT according to the applicable tax rate

The services marked with an asterisk (*) are generally not occupational health services reimbursed by Kela.

The price list of occupational health services includes the most common fees for occupational health professionals, laboratory and imaging tests, as well as services related to well-being at work and work ability. Services may be added to or removed from the price list following developments in the healthcare service sector. We reserve the right to review the prices and services, if healthcare-related regulations, regulatory decisions or research practices are changed or the cost of occupational healthcare changes significantly.

Contact information

Terveystalo's occupational healthcare services

Switchboard: tel. +358 30 633 11

Contract matters: yritysasiakaspalvelu@terveystalo.com

Additional services: myynti@terveystalo.com

Appointment booking: <u>www.terveystalo.com</u>

Customer feedback: www.terveystalo.com/asiakaspalaute



