

**PRICE LIST FOR OCCUPATIONAL  
HEALTH SERVICES 2024**

**Fighting for a healthier  
working life**

**Terveyystalo**



# Meaningful matters.

How can we make working life healthier? By controlling sickness absences? By addressing employees' concerns as they arise? Sure, but responding to challenges is only one piece of the puzzle. It is time to broaden our understanding of a healthy working life. Work is not solely about maintaining one's ability to work. Colleagues, development, meaningfulness and balance in life – these are the things that truly count.

As the load of work increases, help must be quickly available, but it is even more critical to identify the reasons for it – to uncover the root causes behind the symptoms. Only then can we shift from a reactive approach to preventive action and find the most effective ways to build healthy workplaces and, consequently, healthier work communities.

No one should be left alone with this responsible task. We are here to work together with you to find the best scientifically proven and proactive solutions for your community. We are fighting for a healthier working life, not because it is the main priority, but because there are more important things in life.

**Terveystalo**

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# Occupational health doctor's services

Preventive services for the workplace and the work community	Rate
Workplace survey (planning, reporting), operational planning and occupational health and safety cooperation	240.90 €/hour
Workplace survey (planning, reporting), operational planning and occupational health and safety cooperation (occupational healthcare specialist)	252.95 €/hour
Group advice and guidance related to the working environment, conditions, tools, and methods	628.90 €/hour
Group advice and guidance related to the working environment, conditions, tools, and methods (occupational healthcare specialist)	660.35 €/hour

Preventive services for employees	Rate
<i>Health examination, health visit, work ability support (examination of work ability/occupational healthcare negotiation)</i>	
Office or video appointment, phone call, and electronic consultation	240.90 €/hour
Office or video appointment, phone call, and electronic consultation (occupational healthcare specialist)	252.95 €/hour

GP-level medical care focused on occupational health			Rate
Occupational health physician/general practitioner	Office appointment, video appointment or telephone appointment	max. 20 minutes	71.00 €
Occupational health physician/general practitioner	Office appointment, video appointment or telephone appointment	max. 30 minutes	105.50 €
Occupational health physician/general practitioner	Office appointment, video appointment or telephone appointment	max. 45 minutes	143.00 €
Occupational health physician/general practitioner	Office appointment, video appointment or telephone appointment	max. 60 minutes	194.50 €
Occupational health physician/general practitioner	Doctor Chat 24/7 appointment	max. 15 minutes	49.00 € each
Occupational health physician/general practitioner	The Doctor Chat 24/7 appointment, referred by a digital nurse		49.00 € each
Occupational health physician/general practitioner	Doctor Chat 24/7 appointment, extended		200.00 €/hour
Occupational health physician/general practitioner	Renewal of a prescription, Doctor Chat 24/7 appointment		30.70 € each
Occupational health physician/general practitioner	Phone and e-mail consultation	minimum 10 minutes	211.50 €/hour
Occupational health physician/general practitioner	Messages to specialists consultation	minimum 10 minutes	211.50 €/hour

\*) The above prices are increased by 5% if the service is provided by an occupational healthcare specialist.

# Occupational healthcare nurse's services

## Preventive services for the workplace and the work community Rate

Workplace survey (planning, reporting), operational planning and occupational health and safety cooperation	117.20 €/hour
Group advice and guidance related to the working environment, conditions, tools, and methods	315.30 €/hour

## Preventive services for employees Rate

*Health examination, health visit, work ability support (examination of work ability/occupational healthcare negotiation)*

Office or video appointment, phone call, and electronic consultation	117.20 €/hour
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## Medical care focused on occupational health Rate

<b>Occupational health nurse</b>	Office or video appointment	max. 20 minutes	37.90 €
	Office or video appointment	max. 30 minutes	56.80 €
	Office or video appointment	max. 45 minutes	85.10 €
	Office or video appointment	max. 60 minutes	113.50 €
	Telephone, email and Messages to specialists consultation	minimum 10 minutes	113.50 €/hour
<b>Nurse</b>	Office or video appointment	max. 20 minutes	35.00 €
	Office or video appointment	max. 30 minutes	52.50 €
	Office or video appointment	max. 40 minutes	72.50 €
	Office or video appointment	max. 60 minutes	107.00 €
	Telephone, email and Messages to specialists consultation	minimum 10 minutes	30.50 € each
	Digital Nurse service 24/7, telephone and chat		27.60 € each
	Nurse chat 24/7		27.60 € each
	Mielen chat 24/7	max. 15 minutes	20.16 €/appointment + VAT
	Mielen chat 24/7	max. 30 minutes	40.32 €/appointment + VAT
	Mielen chat 24/7	Over 30 minutes	64.68 €/appointment + VAT
Mielen chat 24/7, service initiation fee	1–100 employees	137.00 €/initiation + VAT	
	Over 100 employees	592.00 €/initiation + VAT	

# Occupational physical therapy and physical therapy services

Preventive services for the workplace and the work community	Rate
Workplace survey (planning, reporting), operational planning and occupational health and safety cooperation	122.20 €/hour
Group advice and guidance related to the working environment, conditions, tools, and methods	319.50 €/hour
Well-being at work groups, tailored group activities *	319.50 €/hour + VAT
Well-being at work lecture *	Starting from 400.00 €/hour + VAT
Work and facility planning and consultation *	Ask for a quote

Occupational physical therapy and physical therapy services for the employee		Rate
Occupational physical therapist; Health examination, advice and guidance, work ability support	Office or video appointment, phone call, and electronic consultation	122.20 €/hour
Occupational physical therapist	Direct access	139.40 €/hour
Physical therapist*	Direct access	139.40 €/hour
Physical therapist	Max. 60-minute office or video appointment	111.00 €/hour
Physical therapist (specialized physical therapist)	Max. 60-minute office or video appointment	142.00 €/hour
Occupational physical therapist*	Health review (90 minutes)	147.00 €/hour + VAT
Occupational physical therapist*	Endurance or muscle fitness test or a Functional Movement Screen (FMS) (60 minutes)	147.00 €/hour + VAT
Occupational physical therapist*	Personal training program	98.00 €/hour + VAT
Occupational physical therapist*	Oma Valmentaja	148.00 €/hour + VAT

\*) The service is normally not an occupational health service reimbursable by Kela.

# Occupational health psychologist's services

Preventive services for the workplace and the work community		Rate
Workplace survey (planning, reporting), operational planning and occupational health and safety cooperation		207.10 €/hour
Group advice and guidance related to the working environment, conditions, tools, and methods		549.40 €/hour
Lecture on well-being at work*		Starting from 800.00 €/hour + VAT
Group work supervision*		Starting from 550.00 €/hour + VAT
Work community coaching*		Starting from 600.00 €/hour + VAT
Work sparring*		450.00 €/hour + VAT
Well-being at work services*		Ask for a quote
Crisis session (group)		450.00 €/hour + VAT/specialist
Investigation of bullying allegations*		350.00 €/hour + VAT/specialist

Preventive services for employees and short-term psychotherapy		Rate
Health examination, work ability support, advice and guidance appointment	Office or video appointment, phone call, and electronic consultation	207.10 €/hour
Coaching*		Starting from 450.00 €/appointment + VAT
Work supervision, specialists*		220.00 €/hour + VAT
Sparring for specialist work*		250.00 €/appointment + VAT
Mielen Sparri (mental health sparring)		150.00 €/hour + VAT
Brief psychotherapy*		207.10 €/appointment
Couples therapy		233.00 €/appointment

\*) The service is normally not an occupational health service reimbursable by Kela.

# Occupational health psychologist's services

Services for supervisors		Rate
Supervisor sparring*		320.00 €/appointment + VAT
Managerial work supervision*		320.00 €/hour + VAT
Coaching, supervisors*		Starting from 550.00 €/appointment + VAT
Consultation for management*		450.00 €/hour + VAT
Supervisor coaching*		Ask for a quote
Supervisor support in a work ability situation*		248.00 €/hour + VAT

Organizational psychologist's services		Rate
Mapping meeting	The mapping meeting is an opportunity to discuss the current issues of the work community and leadership with an organizational psychologist.	Free of charge
Humane Efficiency Coaching for supervisors		Ask for a quote

# Other occupational health specialist services

Preventive services for the workplace and the work community		Rate
Dietician	Workplace surveys, operational planning and reporting	182.50 €/hour
Dietician's lecture on well-being at work and well-being at work groups		616.00 €/hour

Preventive services for employees		Rate
Dietician	Office or video appointment	182.50 €/hour
Work ability coach (social care professional)	Office or video appointment	179.44 €/hour + VAT
Career coaching	Total 6-hour coaching	Starting from 1,300.00 €/coaching + VAT

\*) The service is normally not an occupational health service reimbursable by Kela.



# Evening, night and weekend increases

## Time-based increases to the prices of appointments

Mon–Fri between 7 a.m. and 9 p.m.: no increase

Night-time work Mon–Fri between 9 p.m. and 7 a.m.: 100% increase

Saturday between 7 a.m. and 6 p.m.: 35% increase

Sunday between 7 a.m. and 9 p.m.: 100% increase

Night-time work Sat–Sun between 6 p.m. and 7 a.m.: 100% increase

Public holidays, Midsummer Eve and Christmas Eve: 100% increase

## Time-based increases to the prices of CHAT services

Mon–Fri between 7 a.m. and 9 p.m.: no raises

Sat between 7 a.m. and 6 p.m.: 35% increase

Sun between 7 a.m. and 9 p.m.: 50% increase

Night-time work Mon–Fri between 9 p.m. and 7 a.m. and Sat–Sun between 6 p.m. and 7 a.m.: 50% increase

Public holidays, Midsummer Eve and Christmas Eve: 50% increase

## Evening, night, and weekend work at the customer's premises, increases to the prices of occupational health professionals and specialists

Evening work (Mon–Fri between 6 p.m. and 10 p.m.): 50% increase

Night work (Mon–Fri between 10 p.m. and 6 a.m.): 70% increase

Weekend work (between Sat 6 a.m. and Mon 6 a.m.): 100% increase

# Certificates and statements

	Rate
SVA certificate	Free of charge
SVA certificate, mailing of a paper certificate after a remote appointment*	5.80 €
Sickness absence certificate issued by a nurse, mailing of a paper certificate after a remote appointment*	5.80 €
SVB statement, regular	100.00 €
SVB statement, comprehensive	148.50 €
SVB statement, extremely comprehensive and demanding	291.50 €
Certificate for a driver's license*	57.50 €
Certificate on a medical fitness examination of seafarers*	59.00 €
Diver's medical certificate*	57.00 €
Medical Certificate *	59.00 €
Vaccination certificate*	15.00 €
Drug test statement*	38.30 €
Intermediate medical certificate for a radiation worker*	44.50 €

\*) The service is normally not an occupational health service reimbursable by Kela.

\*\*) Prices are 5% higher for services provided by an occupational healthcare specialist.

# Well-being services

To succeed at work, employees have to keep their skills up-to-date and know how to look after their well-being. Adequate rest, a well-balanced diet, stimulating physical exercise and useful tools for mental well-being form the basis for our overall health and well-being. Terveystalo's professionals help your employees to lead a healthier life and to achieve their objectives in working life. [Read more](#) (in Finnish)

Separate surveys and assessment methods		Rate
<i>Result analysis, feedback, and personal well-being development plan are charged by occupational health specialists according to the hourly rate of the relevant occupational group.</i>		
Health survey	E-survey	Ask for a quote
TyöOptimi – a resource survey	E-survey	Ask for a quote
FirstBeat Life 6 months *	6-month measurement license, including a measurement device	225.00 €/person + VAT
FirstBeat Life 12 months *	12-month measurement license, including a measurement device	269.00 €/person + VAT
Firstbeat well-being survey: feedback, coaching and monitoring*	Occupational physical therapist / Occupational health psychologist, 30 min.	100.00 € + VAT

\*) The service is normally not an occupational health service reimbursable by Kela.

# Digital services for corporate customers

		Rate
Healthy Workplace Sirius: work ability management system		5.90 €/employee/month + VAT
Healthy Workplace Sirius: implementation project	Single payment	5,000.00 € + VAT
Healthy Workplace Turva: occupational safety system user charge		Starting from 375.00 €/kk + VAT
Healthy Workplace Suunta	A digital service for monitoring action plans and the management of corporate matters	Included in the occupational healthcare agreement

# First aid courses

Company-specific courses		Rate
Terveystalo's Emergency first aid course, 4 h	Theory online with the direction of an instructor, practice online with the direction of an instructor. Minimum billing 10 people.	72.50 €/person + VAT
Terveystalo's Emergency first aid course, 4 h	Theory online independently, practice online with the direction of an instructor. Minimum billing 10 people.	62.00 €/person + VAT
Terveystalo's Emergency first aid course, 4 h	Theory online with the direction of an instructor, practice as contact teaching with the direction of an instructor. Minimum billing 10 people.	83.00 €/person + VAT
Terveystalo's Emergency first aid course, 4 h	Theory online independently, practice as contact teaching with the direction of an instructor. Minimum billing 10 people.	72.50 €/person + VAT
Terveystalo's Emergency first aid course, 6 h	Theory online with the direction of an instructor, practice online with the direction of an instructor. Minimum billing 10 people.	83.00 €/person + VAT
Terveystalo's Emergency first aid course, 6 h	Theory online independently, practice online with the direction of an instructor. Minimum billing 10 people.	72.50 €/person + VAT
Terveystalo's Emergency first aid course, 6 h	Theory online with the direction of an instructor, practice as contact teaching with the direction of an instructor. Minimum billing 10 people.	104.00 €/person + VAT
Terveystalo's Emergency first aid course, 6 h	Theory online independently, practice as contact teaching with the direction of an instructor. Minimum billing 10 people.	93.50 €/person + VAT
Terveystalo's Emergency first aid course, 8 h	Theory online with the direction of an instructor, practice online with the direction of an instructor. Minimum billing 10 people.	93.50 €/person + VAT
Terveystalo's Emergency first aid course, 8 h	Theory online independently, practice online with the direction of an instructor. Minimum billing 10 people.	83.00 €/person + VAT
Terveystalo's Emergency first aid course, 8 h	Theory online with the direction of an instructor, practice as contact teaching with the direction of an instructor. Minimum billing 10 people.	114.50 €/person + VAT
Terveystalo's Emergency first aid course, 8 h	Theory online independently, practice as contact teaching with the direction of an instructor. Minimum billing 10 people.	104.00 €/person + VAT
Terveystalo's Basic first-aid course 1, 16 hours	Theory online with the direction of an instructor, practice online with the direction of an instructor. Minimum billing 10 people.	135.50 €/person + VAT
Terveystalo's Basic first-aid course 1, 16 hours	Theory online independently, practice online with the direction of an instructor. Minimum billing 10 people.	114.50 €/person + VAT
Terveystalo's Basic first-aid course 1, 16 hours	Theory online with the direction of an instructor, practice as contact teaching with the direction of an instructor. Minimum billing 10 people.	156.50 €/person + VAT
Terveystalo's Basic first-aid course 1, 16 hours	Theory online independently, practice as contact teaching with the direction of an instructor. Minimum billing 10 people.	146.00 €/person + VAT

# First aid courses

Open online courses		Rate
Terveystalo's Emergency first-aid course 4h	Theory and practice online under the guidance of an instructor. Minimum billing 10 people.	83.00 €/person + VAT
Terveystalo's Emergency first-aid course 8h	Theory and practice online under the guidance of an instructor. Minimum billing 10 people.	104.00 €/person + VAT
Terveystalo's Basic first-aid class 1	Theory and practice online under the guidance of an instructor. Minimum billing 10 people.	188.00 €/person + VAT

Open hybrid courses		Rate
Terveystalo's Emergency first-aid course, 4 h	Theory online independently and practical classroom exercises led by an instructor. Minimum billing 10 people.	82.50 €/person + VAT
Terveystalo's Emergency first-aid course, 8 h	Theory online independently and practical classroom exercises led by an instructor. Minimum billing 10 people.	114.00 €/person + VAT
Terveystalo's Basic first-aid course 1	Theory online independently and practical classroom exercises led by an instructor. Minimum billing 10 people.	166.50 €/person + VAT

Open classroom education courses		Rate
FRC Emergency First Aid course, 4 h <sup>®</sup>	Study of theory and practice under the guidance of an instructor	120.00 €/person + VAT
FRC Emergency First Aid course, 8 h <sup>®</sup>	Study of theory and practice under the guidance of an instructor	180.00 €/person + VAT
FRC FA1 <sup>®</sup> , 16 h	Study of theory and practice under the guidance of an instructor	224.00 €/person + VAT
FRC First Aid course FA2 <sup>®</sup> , 8 h	Study of theory and practice under the guidance of an instructor	224.00 €/person + VAT

Company-specific classroom education courses		Rate
FRC Emergency First Aid course, 4 h <sup>®</sup>	Study of theory and practice under the guidance of an instructor	89.00 €/person + VAT
FRC Emergency First Aid course, 8 h <sup>®</sup>	Study of theory and practice under the guidance of an instructor	119.00 €/person + VAT
FRC FA1 <sup>®</sup> , 16 h	Study of theory and practice under the guidance of an instructor	169.00 €/person + VAT
FRC First Aid course FA2 <sup>®</sup> , 8 h	Study of theory and practice under the guidance of an instructor	169.00 €/person + VAT

The instructors on the course are Terveystalo's coaches with FRC<sup>®</sup>'s first aid instructor training. Classroom education courses are billed according to a minimum of 15 people. [Read more](#) (in Finnish) A registration and certification fee, including a mobile card (20 € each + VAT), are added to all FRC<sup>®</sup> courses. VAT on all services and products is 24%.

## First aid supplies and equipment

We also provide first aid supplies and equipment based on a risk assessment. By centralizing the purchases of first aid courses and equipment to Terveystalo, you can get special prices. More information [here](#) (in Finnish)

# Digital coaching

Coaching for supervisors		Rate
Humane Efficiency Coaching for Supervisors		Ask for a quote
Work ability management supervisor coaching	Price per person	100.00 €/person + VAT
	Over 15 people	Ask for a quote
Substance abuse at the workplace supervisor coaching	Price per person	100.00 €/person + VAT
	Over 15 people	Ask for a quote

For all employees		Rate
Sleep	Online coaching license for the organization's personnel, 12 months	Starting from 390.00 €/company + VAT
Stress	Online coaching license for the organization's personnel, 12 months	Starting from 390.00 €/company + VAT
Nutrition	Online coaching license for the organization's personnel, 12 months	Starting from 390.00 €/company + VAT

More information about digital coaching [here](#) (In Finnish)

# Laboratory tests

Health monitoring examinations	Abbreviation	Rate
Health examination	B -Leuk, B -Hb, B-HKR, B -Eryt, E-MCV, E-MCH, E-MCHC, B -Trom, B-HbA1c, S-Kol, S-Kol-HDL, S-Kol-LDL, S-Trigly, S-ALAT, S-GT, S-Krea, S-ApoB, S-ApoA1, risk indices: cardiac infarction, cardiovascular diseases, type 2 diabetes, liver fibrosis and cirrhosis, chronic kidney disease, alcoholic liver disease, COPD, lung cancer*	159.00 €
Health examination + PEth	B -Leuk, B -Hb, B-HKR, B -Eryt, E-MCV, E-MCH, E-MCHC, B -Trom, B-HbA1c, S-Kol, S-Kol-HDL, S-Kol-LDL, S-Trigly, S-ALAT, S-GT, S-Krea, B-PEth, S-ApoB, S-ApoA1, risk indices: cardiac infarction, cardiovascular diseases, type 2 diabetes, liver fibrosis and cirrhosis, chronic kidney disease, alcoholic liver disease, COPD, lung cancer*	219.00 €
Health examination, comprehensive	B -Leuk, B -Hb, B-HKR, B -Eryt, E-MCV, E-MCH, E-MCHC, B -Trom, B-HbA1c, S-Kol, S-Kol-HDL, S-Kol-LDL, S-Trigly, S-ALAT, S-GT, S-K, S-Krea, S-Na, S-TSH, B-Peth, S-ApoB, S -ApoA1, risk indices: cardiac infarction, cardiovascular diseases, type 2 diabetes, liver fibrosis and cirrhosis, chronic kidney disease, alcoholic liver disease, COPD, lung cancer*	252.00 €
Fibrosis-4 index		90.20 €

\*) Risk indices are based on risk factors measured by Nightingale Health's blood analysis

Targeted health examination packages	Code	Rate
“Healthy at work” health examination, basic	11128	153.60 €
“Healthy at work” health examination, mind and well-being	11125	216.00 €
“Healthy at work” health examination, lifestyle	11126	216.00 €
“Healthy at work” health examination, substance	11127	216.00 €
“Healthy at work” health examination, sleep and alertness	11124	258.00 €

# Laboratory tests

Most common laboratory tests	Abbreviation	Code	Rate
<i>Chemistry, hematology, microbiology</i>			
Serum alanine aminotransferase	S -ALAT	1026	33.90 €
Albumin	S -Alb	1028	30.10 €
Alkaline phosphatase	S -AFOS	1046	33.90 €
Allergen, IgE antibodies	S -AllIgE	3836	67.00 €
Amylase	S -Amyl	1078	33.10 €
Aspartate aminotransferase	S -ASAT	1128	33.10 €
Vitamin B12 bound to transcobalamin II	B -B12-TC2	1142	102.00 €
Bacterial culture	U -BaktVi	1155	46.40 €
Bacterial culture 1, stool	F -BaktVi1	3442	84.50 €
Bilirubin	S -Bil	1185	33.10 €
Bilirubin conjugates	S -Bil-Kj	1189	33.10 €
Bordetella pertussis, antibodies	S -BopeAb	2471	101.00 €
Borrelia burgdorferi, antibodies	S -BorrAb	3552	84.20 €
C-reactive protein	S -CRP	1216	40.60 €
C-reactive protein, sensitive	S-hs-CRP	1216B	69.00 €
Vitamin D	S-D-25	1220	88.00 €
Carbohydrate-deficient transferrin	S -CDT	4101	73.50 €
Epstein-Barr virus, antibodies	S -EBVAb	1335	105.30 €
Ethanol	B -EtOH	1378	96.40 €
Ferritin	S -Ferrit	1395	57.20 €
Folate	fS -Folaat	1416	67.00 €
Follicle-stimulating hormone	S -FSH	1422	53.10 €
Oral glucose test, short	Pt -Gluk-R1	1483	70.70 €
Celiac disease screening	S-IgA, S-tTGAbA	1666,PA + 1885,PA	110.30 €
Lactose intolerance, DNA test	B -Lakt-D	4614	89.20 €
Lipids (lipid panel)	S-Kol, S-Kol-HDL, S-Kol-LDL, fS-Trigly	2245	69.80 €
Lipids + ALAT	S-Kol, S-Kol-HDL, S-Kol-LDL, fS-Trigly, S-ALAT	9375	94.80 €
Metabolic panel	fS-Gluk, S-Kol, S-Kol-HDL, S-Kol-LDL, fS-Trigly, S-ALAT, S-Uraat, S-Krea, S-K, S-Na	9376	139.00 €
Glucose	fP -Gluk	1468	33.10 €
Gamma-glutamyltransferase	S -GT	1489	33.10 €
Helicobacter pylori, antigen	F -HepyAg	3952	133.80 €
Helicobacter pylori, antibodies	S -HepyAb	3950	74.00 €
Hemoglobin A1C	B -HbA1c	6128	69.00 €
Hepatitis A virus, anti-IgM antibodies	S -HAVAbM	1602	65.10 €
Hepatitis A virus, antibodies	S -HAVAb	3346	65.10 €
Hepatitis B virus, C antigen, anti-IgM antibodies	S -HbcAbM	3347	73.90 €
Hepatitis B virus, C antigen, antibodies	S -HbcAb	1606	46.30 €



# Laboratory tests

Most common laboratory tests	Abbreviation	Code	Rate
<i>Chemistry, hematology, microbiology</i>			
Hepatitis B virus, arrestin	S -HbsAg	1605	46.30 €
Hepatitis B virus, arrestin, antibodies	S -HbsAb	1608	101.00 €
Hepatitis C virus, antibodies	S -HCVAb	3815	89.80 €
HIV, combined antigen and antibody test	S -HIVAgAb	4814	63.50 €
Potassium	S -K	2001	33.90 €
Calcium, albumin-adjusted	S -Ca-albk	6032	59.00 €
Chemical screening	U -KemSeul	1881	40.20 €
Thyroid panel (S -KIPA)	S-TSH, S-T4V	9374	64.80 €
Creatine kinase	S -CK	2134	33.10 €
Creatinine	S -Krea	2143	33.90 €
Tissue transglutaminase, IgA antibodies	S -tTGAbA	1885	66.10 €
Erythrocyte sedimentation rate	B -La	2203	39.90 €
Mycoplasma pneumoniae, antibodies	S -MypnAb	2367	74.50 €
Sodium	S -Na	2382	33.90 €
Parathyroid hormone	fP -PTH	4560	63.30 €
Basic blood work and thrombocytes	B -PVK+T	2474	52.00 €
Prostate-specific antigen	S -PSA	3642	79.00 €
Puumala virus, antibodies (epidemic nephropathy)	S -PuumAb	1775	138.40 €
Rheumatoid factor, determination (quant.)	S -RF	3550	45.40 €
Salmonella culture	F -SalmVi	2608	44.30 €
Salmonella culture, home sampling	F -SalmViK	10623	53.50 €
Anti-citrulline antibodies	S -CCPAb	4744	77.30 €
Testosterone	S -Testo	2735	87.40 €
Free testosterone count	S -TestoVL	0027	111.90 €
Transferrin receptor	S -TfR	1949	70.40 €
Triiodothyronine, free	S -T3-V	2775	90.20 €
Thromboplastin time, INR	P -TT-INR	4520	34.10 €
Thyroglobulin	S -Tygl	2828	116.20 €
Thyroid-stimulating hormone	S -TSH	2832	70.80 €
Thyroxine, free	S -T4-V	2836	81.10 €
Full blood count	B -TVK	3696	75.30 €
Fecal calprotectin	F -Calpro	4803	180.80 €
Stool parasites	F -Para-O	2455	67.20 €
Uric acid	S -Uraat	2884	33.10 €
Detecting chlamydia and gonorrhea in urine	U -CtGcNhO	4816	97.30 €
Urine cells	U -Solut	1940	55.50 €

# Laboratory tests

Pathology	Abbreviation	Code	Rate
Histological examination of tissue samples, 1–3 small samples	Ts-PAD-1	4054	125.10 €
Gynecological smear test	Pt-Papa-1	4044	89.40 €
Multi-stage HPVnh and fluid pap smear	Pt-PapaLBC	10143	133.40 €

Respiratory tract infection differential diagnosis	Abbreviation	Code	Rate
Influenza A and B, RSV, COVID-19	-InfRSCV	10943	249.80 €
Influenza A and B virus (antigen)	-InfABAgp	4746PIK	89.80 €
Streptococcus pyogenes (A) and rapid COVID-19 test (antigen)	-StrCVAg	11130	225.60 €
Influenza A and B, Rapid COVID-19 test (antigen)	-InfCVAg	11132	225.60 €
IgG spike protein antibody test	S -CV19sAb	9901	102.40 €
Mononucleosis antibodies (qual.)	S -MonoAp	2360PIK	79.40 €
Streptococcus pyogenes (A), antigen	Ps -StrAAG	3635PIK	89.80 €

Emergency examinations	Abbreviation	Code	Rate
C-reactive protein	S -CRPp	1216PIK	55.80 €
Fibrin D-dimers	P -FIDDp	3939PIK	100.60 €
Glucose	P -Glukp	1471PIK	36.70 €
Basic blood work and thrombocytes	B -PVK+Tp	2474PIK	55.40 €
Troponin T	P -TnTp	4532PIK	100.60 €
Chemical screening	U -KemSeul	1881	40.20 €

Clinical physiological examinations	Abbreviation	Code	Rate
Spirometry	Pt-FVSpino	2680	63.40 €
Spirometry and bronchodilation test including statement	Pt-FVSpirD	2682L	172.30 €
PEF workplace monitoring	Pt-PEF-Pa	2858T	147.10 €
12-lead resting ECG	Pt-EKG-12	1270	75.60 €
24-hour ambulatory ECG	Pt-EKG-24	1279	519.00 €
Clinical exercise test (exercise ECG)	Pt-KIR-tje	2068	543.30 €
Ambulatory blood pressure monitoring (24 h)	Pt-RR-Pa	3914	377.80 €
Sleep polygraphy, ambulatory	Pt-PolAmb	1784	459.00 €
Electroneuromyography, examination of one limb or problem	Pt-ENMG-2	1302	501.80 €
Air conduction threshold and bone conduction threshold, if necessary	Pure tone audiometry	DFF00	120.20 €
Speech recognition threshold and the ability to distinguish words	Speech audiometry	DFF15	124.50 €
Hearing screening in a health examination, without a sound-proof audiometric booth	Hearing screening	3150	51.90 €
Measurement of tinnitus	Tinnitus analysis	DFF80	124.50 €

# Imaging tests

X-ray examinations	Code	Rate
X-ray of the paranasal sinuses, occipitomeatal projection, 1 image	DM1QA	142.00 €
X-ray of the lungs	GD1AA	142.00 €
X-ray of the lumbar spine	NA3AA	146.00 €
X-ray of the hip	NF1AA	142.00 €
Comprehensive X-ray examination of the shoulder joint	NB1BA	155.00 €
X-ray of the knee	NG1AA	142.00 €
Comprehensive X-ray examination of the foot	NH3BA	152.00 €
X-ray of the hand and fingers	ND2AA	142.00 €
Comprehensive X-ray examination of the hand and fingers	ND2BA	155.00 €
Comprehensive mammography, includes ultrasound examination	HA1RA	296.00 €

MRI scans	Code	Rate
MRI examinations of the cervical, thoracic, and lumbar spine and the SI joint	NA3BG	410.00 €
Extensive MRI examinations of the cervical, thoracic, and lumbar spine and the SI joint	NA3CG	430.00 €
Very extensive MRI examinations of the cervical, thoracic, and lumbar spine and the SI joint	NA3DG	450.00 €
MRI examinations of the knee, ankle, foot, pelvis, and hip	NG1BG	410.00 €
Extensive MRI examinations of the knee, ankle, foot, pelvis, and hip	NG1CG	430.00 €
Very extensive MRI examinations of the knee, ankle, foot, pelvis, and hip	NG1DG	450.00 €
MRI examinations of the head	AA1BG	410.00 €
Extensive MRI examinations of the head	AA1CG	430.00 €
Very extensive MRI examinations of the head	AA1DG	450.00 €
MRI examinations of the mammary glands and the prostate gland	HA1BG	410.00 €
Extensive MRI examinations of the mammary glands and the prostate gland	HA1CG	430.00 €
Very extensive MRI examinations of the mammary glands and the prostate gland	HA1DG	450.00 €
Other examinations	AA4BG	644.00 €
Other extensive examinations	AA4CG	664.00 €
Other very extensive examinations	AA4DG	684.00 €

# Imaging tests

Ultrasound examinations	Code	Rate
Thyroid ultrasound	BA1AE	299.00 €
Ultrasound of a superficial mass	QX3HE	301.00 €
Neck ultrasound	EP1AE	317.00 €
Ultrasound examination of the urinary tract	KH1AE	353.00 €
Ultrasound examination of the mammary glands	HA1AE	248.00 €
Ultrasound of the upper abdomen	JN1AE	355.00 €
Abdominal ultrasound	JN3AE	425.00 €
Ultrasound of the shoulder joint	NB1AE	333.00 €
Other ultrasound of a muscle and/or tendon	NK1XE	318.00 €
Ultrasound of the veins of the lower limb	PH2AE	293.00 €

Computed tomographic scanning (CT)	Code	Rate
Head CT	AA1AD	498.00 € each
Cone-beam CT of the sinuses	DM1AI	297.00 € each
Abdominal CT scan	JN3AD	736.00 € each
CT scan of coronary arteries	FN1AD	810.00 € each

*The scope categories of CT scans and cone beam computed tomography scans have been discontinued starting from 1 January 2022, i.e., only one scan title is used for each imaging object.*

# Oral care services

Oral and dental health is part of overall health and promotes well-being and work ability. You can gain access to dental care services easily by adding them to your occupational healthcare agreement. [Read more](#) (in Finnish)

Examinations	Code	Rate
Brief oral examination*	SAA01	0–54.50 €
Basic oral examination*	SAA02	77.00 €
Comprehensive oral examination/specialty-specific consultation*	SAA03	88.00–257.50 €

Imaging at the clinic:	Code	Rate
Intraoral radiograph, during an appointment	EB1VA / EB2VA / EB4VA	37.00–56.50 €
Panoramic tomography (Orthopantomography)	EB1HA	Starting from 135.00 €

Pain relief/local anesthesia	Code	Rate
Pain relief/local anesthesia	WX105 / WX110 / WX290	21.00–30.50 €

Restorative therapy	Code	Rate
With composite filling, depending on the size of the filling	SFA00-SFA40	67.00–225.50 €
Temporary filling, during a separate appointment		70.00 €

Root canal therapy	Code	Rate
Opening of root canals as emergency treatment	SGA01	104.50 €
Opening and expansion of root canals	SGA02-SGA05	122.00–309.00 €
Root canal filling	SGB10-SGB30	116.50–246.50 €
Pharmacological therapy of root canals	SGC00	106.00–113.00 €

Dental hygienist services	Code	Rate
Scaling by a dental hygienist (periodontological treatment)	SDA02-SDA05	69.50–161.00 €
Care needs assessment by a dental hygienist/oral health examination	SAD01 / SAD02 / SAB03	18.00–48.00 €

Surgical procedures	Code	Rate
Non-surgical tooth extraction	EBA00-EBA05	106.50–232.50 €
Surgical removal of a tooth	EBA10 / EBA12	309.00–545.00 €

Other procedures	Rate
Outpatient clinic/service fee	13.90 €

# Oral care services

\*) Kela reimburses oral and dental examinations performed by a dentist once every two calendar years. You can be reimbursed once a year, however, if your state of health so requires.

\*\*\*) Kela reimburses treatment by a dental hygienist with a referral from a private dentist. The referral is valid for two years from the date of signing, in accordance with the ordered number of visits.

If the treatment is given by a dental specialist, a 30% price increase applies when the given treatment is within the scope of the dentist's specialty.

Special out-of-hours prices apply on weekends and holidays. On Saturdays and days preceding a public holiday (Christmas Eve, New Year's Eve, Midsummer Night's Eve, etc.), the out-of-hours price can be increased by up to 16%, and on Sundays and public holidays by up to 40%.

A specific price estimate requires a personal visit with a dentist. For example, root canal therapy often requires several visits, and a specific estimate can only be given during the first appointment.

Any additional materials (e.g. prosthetic parts, dental implants, fibers, pins, etc.) and dental laboratory costs will be charged separately.

# Other services

Specialist consultations or coordination work	Rate
Specialist work by major customer physician	265.00 €/hour
Specialist work by major customer nurse	129.00 €/hour
Specialist work by major customer occupational health psychologist	227.80 €/hour
Specialist work by major customer occupational physical therapist	134.40 €/hour
Specialist work by major customer dietician	200.80 €/hour
Coordination work by major customer work ability coach	197.40 €/hour + VAT
Coordination work by an Account Manager or coordinating occupational health nurse*	123.10 €/hour
Coordination by an occupational health physician*	253.00 €/hour
Other coordination or specialist work*, from	123.10 €/hour
Interpretation service in occupational health*, from	0.80 €/minute + VAT

Occupational healthcare package for the self-employed (no employees)	Rate
The annual fee includes a general fee, an occupational healthcare service fee, an update of the action plan and an annual health survey (1.5-hour appointment with an occupational health nurse).	235.80 €/year

\*) The service is normally not an occupational health service reimbursable by Kela.

# Other fees

## Fees related to patient information system recordings Rate

Kanta fee*	The Kanta fee applies to all appointments that are recorded in Kanta with professionals belonging to any professional group within occupational healthcare.	2.70 €/visit
Electronic delivery of medical certificate A to Kela*	Electronic delivery of a sickness absence certificate issued by a physician (certificate A) directly to Kela	0.95 € each

## General fee and occupational healthcare service fee Rate

General fee (Kela-reimbursable)		39.00 €/person/year
Occupational healthcare service fee*, according to the size of the company:	Companies/organizations with 1–3 employees	94.90 €/person/year
	Companies/organizations with 4–10 employees	63.00 €/person/year
	Companies/organizations with 11–50 employees	32.00 €/person/year
	Companies/organizations with more than 50 employees	21.00 €/person/year

## Invoicing charges Rate

Third party invoicing charge for contracted occupational healthcare and physical therapy services		40.20 €/invoice/ subcontractor
Invoicing charge for paper invoices/submitting an invoice via an invoicing portal designated by the customer		10.50 €/invoice
Electronic invoice		0.00 €/invoice

## Transfer of patients' health information Rate

Preparation of health information that is to be transferred/other IT consultation		172.00 €/hour
Transfer of printed health information by an occupational health nurse from Terveystalo to another service provider		117.20 €/hour
Recording of external (paper) and self-reported sickness certificates as a service		6.80 €/page

# Other fees

## Travel time and expenses

The prices for occupational health services and well-being at work services that are provided at the customer's premises or another location determined by the customer do not include the costs of the travel time, which shall be charged according to the hourly rates of occupational healthcare professionals (each beginning quarter of an hour), plus travel expenses according to the Traveling Regulations of the Finnish Tax Authority.

Reasonable travel expenses according to the Traveling Regulations of the Finnish Tax Authority are added to the price of all-day well-being at work services if they require travel by the coach.

\*) The service is normally not an occupational health service reimbursable by Kela.

## Missed appointments

Cancellations of appointments with occupational healthcare professionals and specialists must be made at least 24 hours before the time of the appointment. Cancellations of workgroup and group activities must be made no later than one week in advance. The above deadlines must be adhered to unless otherwise agreed in a separate agreement. For late cancellations and missed appointments, we charge the listed price in full.

## Occupational accidents and diseases

Visits related to occupational accidents or diseases shall be invoiced directly from the insurance company. If the insurance company makes a negative compensation decision, the employer shall be invoiced later.



# Validity of the price list, terms and conditions

**This price list is valid from January 1, 2024, until further notice.**

The prices are exclusive of VAT, unless otherwise specified in writing. VAT according to the VAT Act is not added to the price of occupational health services that are considered medical and healthcare services. If taxable services or products are sold in addition to the healthcare services, VAT is added to the price. If it is later decided that a service that has been sold was taxable, the seller has the right to charge the buyer for VAT according to the applicable tax rate

The services marked with an asterisk (\*) are generally not occupational health services reimbursed by Kela.

The price list of occupational health services includes the most common fees for occupational health professionals, laboratory and imaging tests, as well as services related to well-being at work and work ability. Services may be added to or removed from the price list following developments in the healthcare service sector. We reserve the right to review the prices and services, if healthcare-related regulations, regulatory decisions or research practices are changed or the cost of occupational healthcare changes significantly.

## Contact information

### Terveystalo's occupational healthcare services

Switchboard: +358 (0)30 633 11

Contract matters: [yritysasiakaspalvelu@terveystalo.com](mailto:yritysasiakaspalvelu@terveystalo.com)

Additional services: [myynti@terveystalo.com](mailto:myynti@terveystalo.com)

Appointment booking: [www.terveystalo.com](http://www.terveystalo.com)

Customer feedback: [www.terveystalo.com/asiakaspalaute](http://www.terveystalo.com/asiakaspalaute)

# **Terveystalo**

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