



**Fighting for
a healthier
working life**

**Price list for
Occupational Health
Services 2023**

Terveystalo



Knowledge improves health

A healthy workplace cannot be created by chance, but through planning. This requires information that supports work ability management, risk anticipation and establishing practices to build healthy work communities from healthy employees and, subsequently, successful companies from healthy work communities.

Health pays off.

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Occupational health doctor's services

Preventive services for the workplace and the work community	Price
Workplace survey (planning, reporting), operational planning and occupational health and safety cooperation	209.60 €/hour
Workplace survey (planning, reporting), operational planning and occupational health and safety cooperation (occupational healthcare specialist)	220.08 €/hour
Group advice and guidance related to the working environment, conditions, tools, and methods	547.30 €/hour
Group advice and guidance related to the working environment, conditions, tools, and methods (occupational healthcare specialist)	574.67 €/hour

Preventive services for employees	Price
<i>Health examination, health visit, work ability support (examination of work ability/occupational healthcare negotiation)</i>	
Office or video appointment, phone call, and electronic consultation	209.60 €/hour
Office or video appointment, phone call, and electronic consultation (occupational healthcare specialist)	220.08 €/hour

GP-level medical care focused on occupational health			Price
OH physician/general practitioner	Office appointment, video appointment or telephone appointment	max. 10 min	39.00 €
	Office appointment, video appointment or telephone appointment	max. 20 min	63.00 €
	Office appointment, video appointment or telephone appointment	max. 30 min	94.00 €
	Office appointment, video appointment or telephone appointment	max. 45 min	140.50 €
	Office appointment, video appointment or telephone appointment	max. 60 min	187.50 €
	Doctor Chat 24/7 appointment	max. 10 min	34.50 € each
	Doctor Chat 24/7 appointment	max. 15 min	44.50 € each
	Doctor Chat 24/7 appointment, referred by a digital nurse		44.50 € each
	Doctor Chat 24/7 appointment, extended		181.00 €/hour
	Renewal of a prescription, Doctor Chat 24/7 appointment		30.10 € each
	Renewal of prescription, non-urgent ("Messages to specialists" service)		20.50 € each
	Phone and e-mail consultation	minimum 10 minutes	184.00 €/hour
	Messages to specialists consultation	minimum 10 minutes	184.00 €/hour

Occupational healthcare nurse's services

Preventive services for the workplace and the work community			Price
Workplace survey (planning, reporting), operational planning and occupational health and safety cooperation			102.00 €/hour
Group advice and guidance related to the working environment, conditions, tools, and methods			274.40 €/hour
Preventive services for employees			Price
<i>Health examination, health visit, work ability support (examination of work ability/occupational healthcare negotiation)</i>			
Office or video appointment, phone call, and electronic consultation			102.00 €/hour
Medical care focused on occupational health			Price
Occupational health nurse	Office or video appointment	max. 10 minutes	22.40 €
	Office or video appointment	max. 20 minutes	32.90 €
	Office or video appointment	max. 30 minutes	49.40 €
	Office or video appointment	max. 45 minutes	74.00 €
	Office or video appointment	max. 60 minutes	98.70 €
	Telephone, email and Messages to specialists consultation	minimum 10 minutes	98.70 €/hour
Nurse *	Office or video appointment	max. 20 minutes	30.30 €
	Office or video appointment	max. 30 minutes	45.40 €
	Office or video appointment	max. 40 minutes	63.00 €
	Office or video appointment	max. 60 minutes	92.70 €
	Telephone, email and Messages to specialists consultation	minimum 10 minutes	26.30 € each
	Digital Nurse service 24/7, telephone and chat		22.00 € each
	Nurse chat 24/7		22.00 € each
	Mielen chat 24/7 (mental health chat service)	max. 15 minutes	17.74 €/appointment + VAT
	Mielen chat 24/7 (mental health chat service)	max. 30 minutes	35.48 €/appointment + VAT
	Mielen chat 24/7 (mental health chat service)	Over 30 minutes	56.85 €/appointment + VAT
	Mielen chat 24/7, service initiation fee	1–100 employees	120.00 €/initiation + VAT
		Over 100 employees	520.00 €/initiation + VAT

Occupational health and physical therapy services

Preventive services for the workplace and the work community		Price
Workplace survey (planning, reporting), operational planning and occupational health and safety cooperation		106.30 €/hour
Group advice and guidance related to the working environment, conditions, tools, and methods		278.00 €/hour
Well-being at work groups, tailored group activities *		Starting from 278.00 €/hour + VAT
Well-being at work lecture *		Starting from 400.00 €/hour + VAT
Work and facility planning and consultation *		Request a quote

Occupational health and physical therapy services for employees			Price
Occupational physical therapist; Health examination, advice and guidance, work ability support	Office or video appointment, phone call, and electronic consultation		106.30 €/hour
Occupational physical therapist	Direct access		121.30 €/hour
Physical therapist *	Direct access		121.30 €/hour
Physical therapist	Max. 60-minute office or video appointment		96.00 €/hour
Physical therapist (OMT, MDT, etc.)	Max. 60-minute office or video appointment		123.00 €/hour
Occupational physical therapist *	Health review (90 minutes)		131.00 €/hour + VAT
Occupational physical therapist *	Endurance or muscle fitness test or a Functional Movement Screen (FMS) (60 minutes)		131.00 €/hour + VAT
Occupational physical therapist *	Personal training program		131.00 €/hour + VAT
Occupational physical therapist *	OmaValmentaja (personal trainer service)		131.00 €/hour + VAT

*) The service is normally not an occupational health service reimbursable by Kela.

Occupational health psychologist's services

Preventive services for the workplace and the work community		Price
Workplace survey (planning, reporting), operational planning and occupational health and safety cooperation		180.20 €/hour
Group advice and guidance related to the working environment, conditions, tools, and methods		478.10 €/hour
Well-being at work lecture and groups *		Starting from 800.00 € /hour + VAT
Group work supervision *		Starting from 500.00 € /hour + VAT
Work community coaching *		Starting from 600.00 € /hour + VAT
Work sparring *		400.00 €/hour + VAT
Well-being at work services *		Request a quote
Crisis session (group)		400.00 €/hour + VAT
Investigation of bullying allegations *		300.00 €/hour + VAT/specialist

Preventive services for employees and short-term psychotherapy		Price
Health examination, work ability support, advice and guidance appointment	Office or video appointment, phone call, and electronic consultation	180.20 €/hour
Coaching *		Starting from 400.00 € /appointment + VAT
Work supervision, specialists *		200.00 €/hour + VAT
Specialist work sparring *		220.00 €/appointment + VAT
Mielen Sparri (mental sparring)		137.90 €/hour + VAT
Short-term psychotherapy *		180.20 €/appointment
Couples therapy		203.00 €/appointment

*) The service is normally not an occupational health service reimbursable by Kela.

Occupational health psychologist's services

Services for supervisors		Price
Managerial work sparring *		290.00 €/appointment + VAT
Managerial work supervision *		290.00 €/hour + VAT
Coaching, supervisors *		Starting from 500.00 € /appointment + VAT
Consultation for management *		400.00 €/hour + VAT
Supervisor coaching *		Request a quote
Supervisor support in a work ability situation *		180.20 €/hour + VAT
Managerial work group coaching *		Request a quote
Organization psychologist's services *		Request a quote

*) The service is normally not an occupational health service reimbursable by Kela.

Other occupational health specialist services

Preventive services for the workplace and the work community		Price
Dietician	Workplace surveys, operational planning and reporting	158.80 €/hour
Lectures and group sessions on well-being at work by Dietician		Starting from 586.00 €/hour

Preventive services for employees		Price
Dietician	Office or video appointment	158.80 €/hour
Workability coach (social care)	Office or video appointment	158.80 €/hour + VAT
Career counselling	6 hours individual counselling package	1300.00 €/package + VAT

Evening, night and weekend increases

Time-based increases to the prices of appointments

- Mon–Fri between 7 a.m. and 9 p.m.: no increase
- Night-time work Mon–Fri between 9 p.m. and 7 a.m.: 100% increase
- Saturday between 7 a.m. and 6 p.m.: 35% increase
- Sunday between 7 a.m. and 9 p.m.: 100% increase
- Night-time work Sat–Sun between 6 p.m. and 7 a.m.: 100% increase
- Public holidays, Midsummer Eve and Christmas Eve: 100% increase

Time-based increases to the prices of CHAT services

- Mon–Fri between 7 a.m. and 9 p.m.: no increase
- Saturday between 7 a.m. and 6 p.m.: 35% increase
- Sunday between 7 a.m. and 9 p.m.: 50% increase
- Night-time work Mon–Fri between 9 p.m. and 7 a.m. and Sat–Sun between 6 p.m. and 7 a.m.: 50% increase
- Public holidays, Midsummer Eve and Christmas Eve: 50% increase

Evening, night, and weekend work at the customer’s premises, increases to the prices of occupational health professionals and specialists

- Evening work (weekdays from 6 to 10 p.m.): 50% increase
- Night work (weekdays from 10 p.m. to 6 a.m.): 70% increase
- Weekend work (from Sat 6 a.m. to Mon 6 a.m.): 100% increase

Certificates and statements

	Price
SVA certificate	free of charge
SVA certificate, mailing of a paper certificate after a remote appointment	5.00 €
Sickness absence certificate issued by a nurse, mailing of a paper certificate after a remote appointment	5.00 €
SVB statement, regular	89.00 €
SVB statement, comprehensive	132.50 €
SVB statement, extremely comprehensive and demanding	260.00 €
Certificate for a driver's license *	51.00 €
Certificate on a medical fitness examination of seafarers *	52.50 €
Diver's medical certificate *	50.50 €
Medical Certificate *	52.50 €
Vaccination certificate *	13.70 €
Drug test statement *	33.30 €
Intermediate medical certificate for a radiation worker *	39.50 €

*) The service is normally not an occupational health service reimbursable by Kela.

Surveys and assessment methods

To succeed at work, employees have to keep their skills up-to-date and know how to look after their well-being. Adequate rest, a well-balanced diet, stimulating physical exercise and useful tools for mental well-being form the basis for our overall health and well-being. Terveystalo's professionals help your employees to lead a healthier life and to achieve their objectives in working life.

Separate surveys and assessment methods *		Price
Result analysis, feedback, and personal well-being development plan are charged by occupational health specialists according to the hourly rate of the relevant occupational group.		
Health survey	E-survey	28.40 €/person + VAT
TyöOptimi – a resource survey	E-survey	Request a quote
FirstBeat Life 6 months *	6-month measurement license, including a measurement device	215.00 €/person + VAT
FirstBeat Life 12 months *	12-month measurement license, including a measurement device	259.00 €/person + VAT
FirstBeat Lifestyle Assessment: Feedback, coaching and monitoring *	Occupational physical therapist / Occupational health psychologist (hourly fee)	Request a quote
Firstbeat Life as part of the health examination agreed in the action plan	3-month measurement license, including a measurement device	169.00 €/person

*) The service is normally not an occupational health service reimbursable by Kela.

Digital services for corporate customers

		Price
Healthy Workplace Sirius: work ability management system		5.90 € / employee / month + VAT
Healthy Workplace Sirius: implementation project	Single payment	5000 € + VAT
Healthy Workplace Turva: occupational safety system user charge		starting from 375.00 €/kk + VAT
Healthy Workplace Suunta	A digital service for monitoring action plans and the management of corporate matters	Included in the occupational healthcare agreement
Cost Analysis	A digital service to provide an overall picture of the company's costs of work left undone and their development.	1490 € + VAT

First aid courses

Company-specific courses		Price
FRC Emergency First Aid course, 4 h®	Theory and practice as classroom education, max. 15 people	79.00 €/person + VAT
Terveystalo's Emergency first aid course, 4 h	Independent study of theory online, practice under the guidance of an instructor, minimum billing 10 people	69.00 €/person + VAT
Terveystalo's Emergency first aid course, 6 h	Independent study of theory online, practice under the guidance of an instructor, minimum billing 10 people	89.00 €/person + VAT
FRC Emergency First Aid course, 8 h®	Theory and practice as classroom education, max. 15 people	109.00 €/person + VAT
Terveystalo's Emergency first aid course, 8 h	Independent study of theory online, practice under the guidance of an instructor, minimum billing 10 people	99.00 €/person + ALV
FRC First Aid course FA 1®, 16 h	Theory and practice as classroom education, max. 15 people	159.00 €/person + VAT
Terveystalo's Basic first aid course FA1, 16h	Independent study of theory online, practice under the guidance of an instructor, minimum billing 10 people	149.00 €/person + VAT
FRC First Aid course FA 2®, 16 h	Theory and practice as classroom education, max. 15 people	159.00 €/person + VAT

Open classroom education courses		Price
FRC Emergency First Aid course, 4 h®	Study of theory and practice under the guidance of an instructor	120.00 € + VAT
FRC Emergency First Aid course, 8 h®	Study of theory and practice under the guidance of an instructor	180.00 € + VAT
FRC FA1®, 16 h	Study of theory and practice under the guidance of an instructor	224.00 € + VAT
FRC FA2®, 16 h	Study of theory and practice under the guidance of an instructor	224.00 € + VAT

The instructors on the course are Terveystalo's coaches with FRC®'s first aid instructor training. Classroom education courses are billed according to a minimum of 15 people. Read more at www.terveystalo.com/ensiapukurssit
 A registration and certification fee, including a mobile card (20 € each + VAT), are added to all FRC® courses. Terveystalo's course certificate is free of charge. First aid supplies and equipment: <https://terveystalo.ensiapuvalineet.com>
 VAT on all services and products is 24%.

First aid supplies and equipments

We also provide first aid supplies and equipment based on a risk assessment. By centralizing the purchases of first aid courses and equipment to Terveystalo, you can get special prices. More information: www.terveystalo.com/ensiapuvalineet.

Digital coaching

Coaching for supervisors		Price
Humane Efficiency Coaching for Supervisors	1–15 participants from the organization	950 €/person + VAT
	Over 15 participants from the organization	750 €/person + VAT
Work ability management supervisor coaching	Price per person	100 €/person + VAT
	Over 15 people	Request a quote
Substance abuse at the workplace supervisor coaching	Price per person	100 €/person
	Over 15 people	Request a quote

For all employees		Price
Sleep	Online coaching license for the organization's personnel, 12 months	Starting from 500 €/organization + VAT
Stress	Online coaching license for the organization's personnel, 12 months	Starting from 500 €/organization + VAT
Nutrition	Online coaching license for the organization's personnel, 12 months	Starting from 500 €/organization + VAT

More information about digital coaching at <https://www.terveystalo.com/fi/tyoterveys/digitaaliset-palvelut/verkkovalmennukset/>

Laboratory tests

Health monitoring examinations	Abbreviation	Rate
Health examination	B -Leuk, B -Hb, B-HKR, B -Eryt, E-MCV, E-MCH, E-MCHC, B -Trom, B-HbA1c, S-Kol, S-Kol-HDL, S-Kol-LDL, S-Trigly, S-ALAT, S-GT, S-Krea, S-ApoB, S-ApoA1, risk indices: cardiac infarction, cardiovascular diseases, type 2 diabetes, liver fibrosis and cirrhosis, chronic kidney disease, alcoholic liver disease, COPD, lung cancer*	129.00 €
Health examination + PEth	B -Leuk, B -Hb, B-HKR, B -Eryt, E-MCV, E-MCH, E-MCHC, B -Trom, B-HbA1c, S-Kol, S-Kol-HDL, S-Kol-LDL, S-Trigly, S-ALAT, S-GT, S-Krea, B-PEth, S-ApoB, S-ApoA1, risk indices: cardiac infarction, cardiovascular diseases, type 2 diabetes, liver fibrosis and cirrhosis, chronic kidney disease, alcoholic liver disease, COPD, lung cancer*	180.00 €
Health examination, comprehensive	B -Leuk, B -Hb, B-HKR, B -Eryt, E-MCV, E-MCH, E-MCHC, B -Trom, B-HbA1c, S-Kol, S-Kol-HDL, S-KolLDL, S-Trigly, S-ALAT, S-GT, S-K, S-Krea, S-Na, S-TSH, B-Peth, S-ApoB, S -ApoA1, risk indices: cardiac infarction, cardiovascular diseases, type 2 diabetes, liver fibrosis and cirrhosis, chronic kidney disease, alcoholic liver disease, COPD, lung cancer*	210.00 €
Fibrosis-4 index		75.10 €

*) Risk indices are based on risk factors measured by Nightingale Health's blood analysis, available from **11/2023**

Laboratory tests

Targeted health examination packages	Code	Price
“Healthy at work” health examination, basic	11128	128.00 €
“Healthy at work” health examination, mind and well-being	11125	180.00 €
“Healthy at work” health examination, lifestyle	11126	180.00 €
“Healthy at work” health examination, substance	11127	180.00 €
“Healthy at work” health examination, sleep and alertness	11124	215.00€

Most common laboratory tests	Abbreviation	Code	Price
<i>Chemistry, hematology, microbiology</i>			
Serum alanine aminotransferase	S -ALAT	1026	28.70 €
Albumin	S -Alb	1028	26.10 €
Alkaline phosphatase	S -AFOS	1046	28.70 €
Allergen, IgE antibodies	S -AllIgE	3836	40.60 €
Amylase	S -Amyl	1078	28.70 €
Aspartate aminotransferase	S -ASAT	1128	28.70 €
Vitamin B12 bound to transcobalamin II	B -B12-TC2	1142	105.00 €
Bacterial culture	U -BaktVi	1155	40.30 €
Bacterial culture 1, stool	F -BaktVi1	3442	73.40 €
Bilirubin	S -Bil	1185	28.70 €
Bilirubin conjugates	S -Bil-Kj	1189	28.70 €
Bordetella pertussis, antibodies	S -BopeAb	2471	87.80 €
Borrelia burgdorferi, antibodies	S -BorrAb	3552	73.20 €
C-reactive protein	S -CRP	1216	35.30 €
C-reactive protein, sensitive	S-hs-CRP	1216B	45.00 €
Vitamin D	S-D-25	1220	76.50 €
Epstein-Barr virus, antibodies	S -EBVAb	1335	91.50 €
Ethanol	B -EtOH	1378	83.80 €
Ferritin	S -Ferrit	1395	49.70 €

Laboratory tests

Most common laboratory tests	Abbreviation	Code	Price
Folate	fS -Folaat	1416	59.00 €
Follicle-stimulating hormone	S -FSH	1422	46.10 €
Phosphatidylethanol	B -PEth	10700	86.10 €
Oral glucose test, short	Pt -Gluk-R1	1483	62.30 €
Celiac disease screening	S-IgA, S-tTGAbA	1666,PA + 1885,PA	105.00 €
Lactose intolerance, DNA test	B -Lakt-D	4614	77.50 €
Lipids (lipid panel)	S-Kol, S-Kol-HDL, S-Kol-LDL, fS-Trigly	2245	62.20 €
Lipids + ALAT	S-Kol, S-Kol-HDL, S-Kol-LDL, fS-Trigly, S-ALAT	9375	77.50 €
Metabolic panel	fS-Gluk, S-Kol, S-Kol-HDL, S-Kol-LDL, fS-Trigly, S-ALAT, S-Uraat, S-Krea, S-K, S-Na	9376	122.70 €
Glucose	fP -Gluk	1468	28.70 €
Gamma-glutamyltransferase	S -GT	1489	28.70 €
Helicobacter pylori, antigen	F -HepyAg	3952	116.30 €
Helicobacter pylori, antibodies	S -HepyAb	3950	64.30 €
Hemoglobin A1C	B -HbA1c	6128	57.90 €
Hepatitis A virus, anti-IgM antibodies	S -HAVAbM	1602	56.60 €
Hepatitis A virus, antibodies	S -HAVAb	3346	56.60 €
Hepatitis B virus, C antigen, anti-IgM antibodies	S -HbcAbM	3347	64.20 €
Hepatitis B virus, C antigen, antibodies	S -HbcAb	1606	40.20 €
Hepatitis B virus, arrestin	S -HbsAg	1605	40.20 €
Hepatitis B virus, arrestin, antibodies	S -HbsAb	1608	87.80 €
Hepatitis C virus, antibodies	S -HCVAb	3815	66.60 €
HIV, combined antigen and antibody test	S -HIVAgAb	4814	56.10 €
Potassium	S -K	2001	29.20 €
Calcium, albumin-adjusted	S -Ca-albk	6032	57.40 €
Chemical screening	U -KemSeul	1881	34.90 €
Thyroid panel (S -KIPA)	S-TSH, S-T4V	9374	52.00 €
Creatine kinase	S -CK	2134	28.70 €
Creatinine	S -Krea	2143	28.70 €
Tissue transglutaminase, IgA antibodies	S -tTGAbA	1885	57.40 €
Erythrocyte sedimentation rate	B -La	2203	24.30 €
Mycoplasma pneumoniae, antibodies	S -MypnAb	2367	64.70 €
Sodium	S -Na	2382	29.20 €
Parathyroid hormone	fP -PTH	4560	55.00 €
Basic blood work and thrombocytes	B -PVK+T	2474	45.20 €
Prostate-specific antigen	S -PSA	3642	54.10 €

Laboratory tests

Most common laboratory tests	Abbreviation	Code	Price
Puumala virus, antibodies (epidemic nephropathy)	S -PuumAb	1775	124.50 €
Rheumatoid factor, determination (quant.)	S -RF	3550	39.40 €
Salmonella culture	F -SalmVi	2608	38.50 €
Salmonella culture, home sampling	F -SalmViK	10623	46.50 €
Anti-citrulline antibodies	S -CCPAb	4744	68.10 €
Testosterone	S -Testo	2735	76.00 €
Free testosterone count	S -TestoVL	0027	97.30 €
Transferrin receptor	S -TfR	1949	61.20 €
Triiodothyronine, free	S -T3-V	2775	79.50 €
Thromboplastin time, INR	P -TT-INR	4520	29.60 €
Thyroglobulin	S -Tygl	2828	101.00 €
Thyroid-stimulating hormone	S -TSH	2832	61.50 €
Thyroxine, free	S -T4-V	2836	70.50 €
Full blood count	B -TVK	3696	65.40 €
Fecal calprotectin	F -Calpro	4803	157.20 €
Stool parasites	F -Para-O	2455	58.40 €
Uric acid	S -Uraat	2884	28.70 €
Chlamydia and gonorrhea, urine home test	U -CtGcK	10624	87.40 €
Detecting chlamydia and gonorrhea in urine	U –CtGcNhO	4816	86.40 €
Urine cells	U –Solut	1940	48.20 €

Pathology	Abbreviation	Code	Price
Histological examination of tissue samples, 1–3 small samples	Ts-PAD-1	4054	101.70 €
Gynecological smear test	Pt-Papa-1	4044	81.20 €
HPVNhO and reflex liquid Pap test	HPVRefPapa	10143	121.20 €

Laboratory tests

Respiratory tract infection differential diagnosis	Abbreviation	Code	Price
Coronavirus test	-Cv19NhO	6466	188.00 €
Rapid COVID-19 test (antigen)	-CV19Ag4	7904	148.00 €
Streptococcus pyogenes (A) and rapid COVID-19 test (antigen)	-StrCVAg	11130	175.00 €
Influenza A and B, rapid COVID-19 test (antigen)	-InfCVAg	11132	188.00 €
IgG spike protein antibody test	S -CV19sAb	9901	89.00 €
Mononucleosis antibodies (qual.)	S -MonoAp	2360PIK	60.30 €
Streptococcus pyogenes (A), antigen	Ps –StrAAg	3635PIK	72.50 €

Emergency examinations	Abbreviation	Code	Price
C-reactive protein	S -CRPp	1216PIK	46.80 €
Fibrin D-dimers	P -FIDDp	3939PIK	73.20 €
Glucose	P -Glukp	1471PIK	31.90 €
Basic blood work and thrombocytes	B -PVK+Tp	2474PIK	46.00 €
Troponin T	P -TnTp	4532PIK	73.20 €
Chemical screening	U -KemSeul	1881	34.90 €

Clinical physiological examinations	Abbreviation	Code	Price
Spirometry	Pt-FVSpino	2680	57.60 €
Spirometry and bronchodilation test including statement	Pt-FVSpirD	2682L	156.60 €
PEF workplace monitoring	Pt-PEF-Pa	2858T	133.70 €
12-lead resting ECG	Pt-EKG-12	1270	68.70 €
24-hour ambulatory ECG	Pt-EKG-24	1279	478.20 €
Clinical exercise test (exercise ECG)	Pt-KIR-tje	2068	493.90 €
Ambulatory blood pressure monitoring (24 h)	Pt-RR-Pa	3914	343.40 €
Sleep polygraphy, ambulatory	Pt-PolAmb	1784	440.90 €
Electroneuromyography, examination of one limb or problem	Pt-ENMG-2	1302	468.90 €
Air conduction threshold and bone conduction threshold, if necessary	Pure tone audiometry	DFF00	109.20 €
Speech recognition threshold and the ability to distinguish words	Speech audiometry	DFF15	113.10 €
Hearing screening in a health examination, without a sound-proof audiometric booth	Hearing screening	3150	47.10 €
Measurement of tinnitus	Tinnitus analysis	DFF80	113.10 €

Imaging tests

X-ray examinations	Code	Price
X-ray of the paranasal sinuses, occipitomenital projection, 1 image	DM1QA	105.00 € each
X-ray of the lungs	GD1AA	117.00 € each
X-ray of the lumbar spine	NA3AA	117.00 € each
X-ray of the hip	NF1AA	117.00 € each
Comprehensive X-ray examination of the shoulder joint	NB1BA	126.00 € each
X-ray of the knee	NG1AA	117.00 € each
Comprehensive X-ray examination of the foot	NH3BA	126.00 € each
X-ray of the hand and fingers	ND2AA	117.00 € each
Comprehensive X-ray examination of the hand and fingers	ND2BA	126.00 € each
Comprehensive mammography, includes ultrasound examination	HA1RA (HA1BA)	249.00 € each

MRI examinations	Price
MRI examinations of the cervical, thoracic, and lumbar spine and the SI joints, any scope	359.00 € each
MRI examinations of the knee, ankle, foot, pelvis, and hip, any scope	359.00 € each
MRI examinations of the head, any scope	359.00 € each
MRI examinations of the mammary glands and the prostate gland, any scope	359.00 € each
Other examinations, any scope	641.00 € each

Ultrasound examinations	Code	Price
Thyroid ultrasound	BA1AE	259.00 €
Ultrasound of a superficial mass	QX3HE	266.00 €
Neck ultrasound	EP1AE	280.00 €
Ultrasound examination of the urinary tract	KH1AE	312.00 €
Ultrasound examination of the mammary glands	HA1AE	219.00 €
Ultrasound of the upper abdomen	JN1AE	314.00 €
Abdominal ultrasound	JN3AE	376.00 €
Ultrasound of the shoulder joint	NB1AE	280.00 €
Other ultrasound of a muscle and/or tendon	NK1XE	268.00 €
Ultrasound of the veins of the lower limb	PH2AE	259.00 €

Computed tomographic scanning (CT)		Price
Head CT	AA1AD	474.00 € each
Cone-beam CT of the sinuses	DM1AI	282.00 € each
Comprehensive abdominal CT scan	JN3BD	736.00 € each
Very comprehensive CT of the coronary arteries	FN1CD	810.00 € each

The scope categories of CT scans and cone beam computed tomography scans have been discontinued starting from 1 January 2022, i.e., only one scan title is used for each imaging object

Oral care services

Oral and dental health is part of overall health and promotes well-being and work ability. You can gain access to dental care services easily by adding them to your occupational healthcare agreement. Read more at www.terveystalo.com/tyoterveyshammashoito.

Examinations and tests	Code	Price
Brief oral examination *	SAA01	0–52.50 €
Basic oral examination *	SAA02	69.50 €
Comprehensive oral examination/specialty-specific consultation *	SAA03	85.00–250.00 €

Imaging at the clinic	Code	Price
Intraoral radiograph, during an appointment	EB1AA / EB1SA / EB1CA	35.00–51.00 €
Panoramic tomography (Orthopantomography)	EB1HA	from 103.00 €

Pain relief/local anesthesia	Code	Price
Pain relief/local anesthesia	WX105 / WX110 / WX290	20.00–29.50 €

Restorative therapy	Code	Price
With composite filling, depending on the size of the filling	SFA00-SFA40	65.00–218.50 €
Temporary filling, during a separate appointment		65.00 €

Root canal therapy	Code	Price
Opening of root canals as emergency treatment	SGA01	101.00 €
Opening and expansion of root canals	SGA02-SGA05	119.00–309.00 €
Root canal filling	SGB10-SGB30	113.00–239.00 €
Pharmacological therapy of root canals	SGC00	102.50–109.50 €

Dental hygienist services	Code	Price
Scaling by a dental hygienist (periodontological treatment)	SDA02-SDA05	67.00–154.50 €
Care needs assessment by a dental hygienist/oral health examination	SAD01 / SAD02 / SAB03	16.00–46.50 €

Surgical procedures	Code	Price
Non-surgical tooth extraction	EBA00-EBA05	103.00–225.50 €
Surgical removal of a tooth	EBA10 / EBA12	300.00–529.00 €

Other procedures	Price
Outpatient clinic/service fee	0.00 €

Oral care services

*) Kela reimburses oral and dental examinations performed by a dentist once every two calendar years. You can be reimbursed once a year, however, if your state of health so requires.

**) Kela reimburses treatment by a dental hygienist with a referral from a private dentist. The referral is valid for two years from the date of signing, in accordance with the ordered number of visits.

If the treatment is given by a dental specialist, a 30% price increase applies when the given treatment is within the scope of the dentist’s specialty.

Special out-of hours prices apply to dentist and dental specialist visits on weekends and holidays. On Saturdays and days preceding a public holiday (Christmas Eve, New Year’s Eve, Midsummer Night’s Eve, etc.), the out-of-hours price can be increased by up to 16%, and on Sundays and public holidays by up to 40%. On Saturdays and days preceding a public holiday (Christmas Eve, New Year’s Eve, Midsummer Night’s Eve, etc.), the out-of-hours price can be increased by up to 16%, and on Sundays and public holidays by up to 40%.

A specific price estimate requires a personal visit with a dentist. For example, root canal therapy often requires several visits, and a specific estimate can only be given during the first appointment.

Any additional materials (e.g. prosthetic parts, dental implants, fibers, pins, etc.) and dental laboratory costs will be charged separately.

Other services

Expert consultations or coordination work	Price
Expert work by major customer physician	230.60 €/hour
Expert work by major customer nurse	112.20 €/hour
Expert work by major customer occupational health psychologist	198.20 €/hour
Expert work by major customer occupational physiotherapist	116.90 €/hour
Coordination work by an Account Manager or coordinating occupational health nurse *	101.00 €/hour
Coordination by an occupational health physician *	230.60 €/hour
Other coordination or specialist work *, from	101.00 €/hour

Occupational healthcare package for the self-employed (no employees)	Price
The annual fee includes a general fee, an occupational healthcare service fee, an update of the action plan and an annual health survey (1.5-hour appointment with an occupational health nurse)	202,25 €/year

*) The service is normally not an occupational health service reimbursable by Kela.

Other fees

Fees related to patient information system recordings		Price
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Kanta fee*	The Kanta fee applies to all appointments that are recorded in Kanta with professionals belonging to any professional group within occupational healthcare.	2.60 €/visit
Electronic delivery of medical certificates to third parties*	Electronic delivery of certificates directly to third parties (incl. delivery of sickness absence certificate A issued by a physician to Kela, or Driver's license certificate to Traficom)	0.80 € each

General fee and occupational healthcare service fee		Price
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General fee (Kela-reimbursable)		34.00 €/person/year
Occupational healthcare service fee *, according to the size of the company:		
	Companies/organizations with 1–3 employees	82.50 €/person/year
	Companies/organizations with 4–10 employees	54.90 €/person/year
	Companies/organizations with 11–50 employees	25.90 €/person/year
	Companies/organizations with more than 50 employees	17.20 €/person/year

Invoicing charges	Price
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Third party invoicing charge for contracted occupational healthcare and physical therapy services	42.20 € / invoice / subcontractor
Invoicing charge for paper invoices/submitting an invoice via an invoicing portal designated by the customer	10.50 €/invoice
Electronic invoice	0.00 €/invoice

Transfer of patients' health information	Price
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Preparation of health information that is to be transferred/other IT consultation	150.00 €/hour
Transfer of printed health information by an occupational health nurse from Terveystalo to another service provider	100.90 €/hour
Recording of external (paper) and self-reported sickness certificates as a service	5.90 €/page

Other fees

Travel time and expenses

The prices for occupational health services and well-being at work services that are provided at the customer's premises or another location determined by the customer do not include the costs of the travel time, which shall be charged according to the hourly rates of occupational healthcare professionals (each beginning quarter of an hour), plus travel expenses according to the Traveling Regulations of the Finnish Tax Authority.

Reasonable travel expenses according to the Traveling Regulations of the Finnish Tax Authority are added to the price of all-day well-being at work services if they require travel by the coach.

*) The service is normally not an occupational health service reimbursable by Kela.

Missed appointments

Cancellations of appointments with occupational healthcare professionals and specialists must be made at least 24 hours before the time of the appointment. Cancellations of workgroup and group activities must be made no later than one week in advance. The above deadlines must be adhered to unless otherwise agreed in a separate agreement. For late cancellations and missed appointments, we charge the listed price in full.

Occupational accidents and diseases

Visits related to occupational accidents or diseases shall be invoiced directly from the insurance company. If the insurance company makes a negative compensation decision, the employer shall be invoiced later.

Validity of the price list, terms and conditions

This price list is valid from January 1, 2023, until further notice.

The prices are exclusive of VAT, unless otherwise specified in writing. VAT according to the VAT Act is not added to the price of occupational health services that are considered medical and healthcare services. If taxable services or products are sold in addition to the healthcare services, VAT is added to the price. If it is later decided that a service that has been sold was taxable, the seller has the right to charge the buyer for VAT according to the applicable tax rate

The services marked with an asterisk (*) are generally not occupational health services reimbursed by Kela.

Services may be added to or removed from the price list following developments in the healthcare service sector. We reserve the right to review the prices and services, if healthcare-related regulations, regulatory decisions or research practices are changed or the cost of occupational healthcare changes significantly.

Contact information

Terveystalo's occupational healthcare services

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Contract matters: yritysasiakaspalvelu@terveystalo.com

Additional services: myynti@terveystalo.com

Appointment booking: www.terveystalo.com

Customer feedback: www.terveystalo.com/asiakaspalaute

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