

A photograph of three people in a meeting. A man with glasses and a beard is on the left, a woman with blonde hair is in the center, and a woman with blonde hair is on the right. They are all wearing white shirts. The woman in the center has a bandage on her arm. They are sitting at a table with papers and a laptop. The background is a plain white wall.

Prepare for the influenza season well in advance

Dear Occupational Health Customer

Influenza vaccinations will be provided at your workplace next autumn as part of our efforts to support well-being at work.

The influenza vaccine offered by your employer is an effective and easy way to protect yourself against seasonal influenza. The vaccine reduces the risk of falling ill and helps prevent possible complications. At the same time, it contributes to keeping everyday work running smoothly across the entire workplace community during the influenza season.

It is recommended to receive the influenza vaccine before the influenza season begins, so that protection has time to develop properly. The vaccination needs to be renewed annually, as the influenza vaccine is updated each season to match the viruses currently in circulation.

Workplace vaccination is carried out quickly and conveniently during the working day – with a small effort, you can help protect both yourself and others.

You will receive more information about the time and location of the workplace vaccination during the autumn.